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WHO WILL TALK THE DAYTIME TV TALK?

KATIE COURIC IS JUST ONE OF THE FAMILIAR FACES ENTERING THE TALK-SHOW FRAY TODAY PAGE 15

OTTAWA metro®

Monday, September 10, 2012

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‘Never to be Forgotten’

Firefighters. Memorial unveiled Sunday designed by Canadian author and artist Douglas Coupland

Part of LeBreton Flats was transformed into a permanent memorial site on Sunday, one that honours more than 1,100 fallen Canadian firefighters.

A six-metre-high bronze statue of a firefighter stands tall, his right arm pointing to a commemorative wall. Etched into the granite are the words “Never to be Forgotten” alongside the names of firefighters who have died in the line of duty since 1848.

Gov. Gen. David Johnston recited the names of 12 firefighters who were added to the list of fatalities in 2011. Among the names was Jean-Luc Deba, a 54-year old pilot who died on May 20, 2011, in a helicopter crash while fighting fires in Slave Lake, Alta.

“I came here to remember my brother,” said Laurence Deba, who travelled from France for the ceremony. “It gives me lots of hope.... He’ll be remembered as someone important.”

Louise Rea from North Perth, Ont., was also presented with an honorary medal and helmet. Her husband, Kenneth Rea, was one of two firefighters who died battling a blaze at a Dollar Stop store in downtown Listowel, Ont., on March 17, 2011.

“It was very overwhelming. I’m honoured to be here,” said Louise.

Kenneth was 56 years old when he died.

The Canadian Firefighters memorial cost $5 million, including $2 million that was raised by the Canadian Fallen Firefighters Foundation, $2.5 million from the Government of Canada’s Department of Heritage and $500,000 of in-kind donations. JESSICA BEDDAOUI/FOR METRO

Lily Wright, 4, looks at a ceremonial firefighter’s helmet that was presented to her family in honour of her grandfather, Capt. Bill Duncan, who lost his life to a work-related illness while with the Kitchener, Ont., fire department. The ceremony took place in Ottawa on Sunday. FRED CHARTRAND/THE CANADIAN PRESS

Battling for HIV charity

Medievalists test their mettle and raise money for the Scotiabank AIDS Walk for Life PAGE 4

From rugrats to bookworms

Try these eight unique strategies to get your kids into reading PAGE 20

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Sinkhole repairs on track

Into the abyss. Three sinkholes open up in Gatineau on Saturday

ALEX BOUTILIER
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Repairs on the Highway 174 sinkhole remain on schedule despite Saturday's heavy rainfall.

Ten of the 18 pipe segments required to repair the damage have now arrived in Ottawa. City crews are working around the clock to repair the collapse that happened, and all eastbound lanes are expected to reopen early next week.

In response to calls for a review of Ottawa's infrastructure needs, Mayor Jim Watson has asked City Manager Kent Kirkpatrick to report on the city's asset-management strategy at a special meeting of the finance and economic development committee on Sept. 19. That presentation was originally scheduled for October.

"I want to encourage all members of council to allow staff to focus on the most important task at hand: to repair and reopen the road," Watson wrote in an e-mail to councillors on Saturday.

"There will be plenty of time in the coming months — after the highway is reopened — to review what happened to the culvert and what, if anything, could have been done differently."

Meanwhile, across the Ottawa River, three more sinkholes have opened up in Gatineau.

According to Lt. Yves Contois, two of the sinkholes were caused by broken water mains, while police are not sure what caused a third on Rue Jacques Cartier near Rue Saint Antoine. **WITH FILES FROM THE CANADIAN PRESS**

'Wake-up call'

A Carleton University engineering professor called the sinkholes a "wake-up call."

- **"Fix them."** "You have to go back and review all our designs underneath, all of our structures over the years, find which ones that have surpassed or are close to the end of their useful life, and fix them," Abd El Halim told the Canadian Press.
- **"A lot of manpower."** "It's easy to do that ... but it is an expensive process that will require a lot of manpower and a lot of time."
- **Repair was already in the plan.** The storm sewer under Highway 174 was slated for a $1.5-million repair project when it collapsed on Tuesday.

Online

For more local news visit metronews.ca/ottawa

Wiggle Waggle Walkathon raises $170,000

Pat Brown feeds pet pot-bellied pig T-Bone a treat while Tina Hunt holds its leash. The trio were just three of the 1,700 participants to attend the Ottawa Humane Society's Wiggle Waggle Walkathon, which raised $170,000 for the local animal-protection agency. Money will be used to fund the OHS's in-house veterinary programs as well as investigations into animal cruelty. SEAN MCKIBBON/METRO

Renovation

City's main library plans for $6M refit

While the city's main library building at the corner of Metcalfe Street and Laurier Avenue is in good repair, Ottawa's Public Library Board is planning $6.253 million in repairs over the next 10 years.

A report coming before the board on Monday evening notes the Main Library, the busiest branch of Ottawa's Public Libraries, is in relatively good repair and is structurally sound.

But necessary repairs over the next decade will cost the city more than $6 million. Most of that money is earmarked for upgrades and repairs to the branch's electrical systems ($4.23 million) and structural repairs ($1.32 million).

The report also notes that, while expansion possibilities are limited at the downtown branch, a one- or two-storey addition appears to be feasible for the building's northern half.

The cost of such an expansion is not included in the report.

ALEX BOUTILIER/METRO

Collision

Second victim dies after crash

An early-morning minivan collision Saturday that killed one teenager and sent four other youths to hospital has claimed a second victim. Ottawa police said Sunday afternoon a 21-year-old man who was ejected nearly 50 feet from the vehicle and died in hospital.

One 16-year-old boy was pronounced dead on the scene near Lowen Drive. **METRO**

SMEN1

Mobile news

Ever wonder what the Royal Family would look like as the undead? Canadian 'zombie illustrator' Rob Sacchetto has. Scan the code to view the artist's ghoulish gallery of royals.

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Don't say that knights in shining armour are a thing of the past: On Sunday, members of Les Maîtres d'Armes, a local school for historical swordplay and martial arts, donned their chainmail and battled it out at Hintonburg Park, all to benefit youth services in Ottawa

JESSICA BEDDAOUI
ottawa@metronews.ca

JESSICA BEDDOUAI/FOR METRO PHOTOS

1 Just jousting.

Les Maîtres d'Armes instructor Bernard Emmerich battles one of his students, Companion Jim Clark, in a toe-to-toe pollaxe match.

2 Bloodied in battle.

Maîtres d'Armes student David Lapointe took a sword to the face during his first match of the day.

3 A squire suits up.

A young spectator is decked out in body armour while watching professional medieval martial artists sword fight at Hintonburg Park on Sunday afternoon.

Medievalists do battle for charity

The clinking of swords and armour filled Hintonburg Park on Sunday afternoon as members of Les Maîtres d'Armes, an Ottawa-area contemporary school for historical European swordplay and martial arts, battled it out in a series of unarmoured and armoured medieval contests dubbed the Fight for Life.

Among the participants in the charity tourney was 31-year-old Danielle Vokey, the only woman competing at the event. "My husband would come home and tell me how exciting class was. I told him I'd try it out if he never mentioned it to me again," Vokey said with a laugh.

Last August, Vokey was diagnosed with multiple sclerosis and has found sword fighting helps her stay positive as she fights the illness. "The more you move your body, the more your brain can combat the disease," she said.

Members of the audience were given a brief tutorial on the different weapons being used and the tactics employed.

Some $1,858 in proceeds from the event were donated to the Scotia Bank AIDS Walk for Life to benefit youth services in Ottawa.

Fight for Life proceeds

Three youth-services programs will receive funding as a result of the event:

- Spectrum Ottawa aims to provide LGBTQ youth a safe place to be out and proud, with access to harm reduction exchanges, basic needs items and crisis counsellors.
- Women's Space is a drop-in centre that allows some of the most marginalized young women in Ottawa access to basic services like laundry, showers and snacks.
- The Sexual Health Advisory Group is dedicated to educating, advocating and acting as a resource on sexual heath and wellness for youth in Ottawa.

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Leaders from Pacific-rim nations, including Prime Minister Stephen Harper, pose for a group photo on the final day of the APEC summit on Sunday in Vladivostok, Russia. MIKE BLANCHFIELD/THE CANADIAN PRESS

What Iran does over embassy row won't be a surprise: PM

Diplomatic fallout. NDP Foreign Affairs critic Paul Dewar has said the Canadian embassy closure in Iran has removed Canada as a potential player in the Middle East

With Iran branding his government a hostile stooge of Israel and Britain, Prime Minister Stephen Harper said Sunday that nothing Iran does in response to Canada's severing of diplomatic ties would surprise him.

Harper also pledged that Canada will work through its allies to help three of its citizens still in Iranian prisons. Questions surrounding their fate have become a live issue following Canada's abrupt decision to close its Tehran embassy and expel Iranian diplomats from Canada.

An Iranian lawmaker said his government would have a firm response, while a foreign ministry spokesman called the Harper government hostile and racist, and accused it of doing the bidding of Israel and Britain, according to Iran's Mehr news agency.

Harper said Canadian diplomats were recalled because of Iran's "capacity for increasingly bad behaviour."

"So nothing would surprise me. But that is all the more reason why it's essential that our Canadian personnel no longer be present," Harper told reporters on the final day of the Asia-Pacific Economic Co-operation summit.

"Do I anticipate specific actions? No, not necessarily, but, as I say, we should all know by now that this is a regime that does not stop at anything. So that's just the reality of the situation."

THE ASSOCIATED PRESS

Death sentence in Iran

- **Charged.** Toronto's Hamid Ghassemi-Shall, 43, who immigrated to Canada after Iran's 1979 Islamic revolution, faces a death sentence after being charged with espionage when he returned to visit family four years ago.
- **In limbo.** His wife, Antonella Mega, said she had been seeking the Canadian embassy's help to clarify reports her husband's death sentence has been suspended, and is unsure how effective the government's promise to make appeals through its allies will be. "I'm not sure how you instil a dialogue when you just cut off the dialogue," she said.

Ruffling feathers. Putin uses flight with cranes to peck at protesters

Russian President Vladimir Putin struck back Sunday at the Russians who ridiculed his effort to lead young Siberian cranes in flight.

Like the youthful protesters on the streets of Moscow, some of the endangered birds refused to follow Putin as he took off in a motorized hang glider.

"It's true that not all flew right away, but the ones that didn't fly were the weak cranes," Putin said.

His barb, which drew a burst of applause, came as he wrapped up the Asia-Pacific Economic Co-operation summit in Vladivostok, Russia, and provided some light relief after days of talks on free trade, food security and other serious issues.

THE ASSOCIATED PRESS

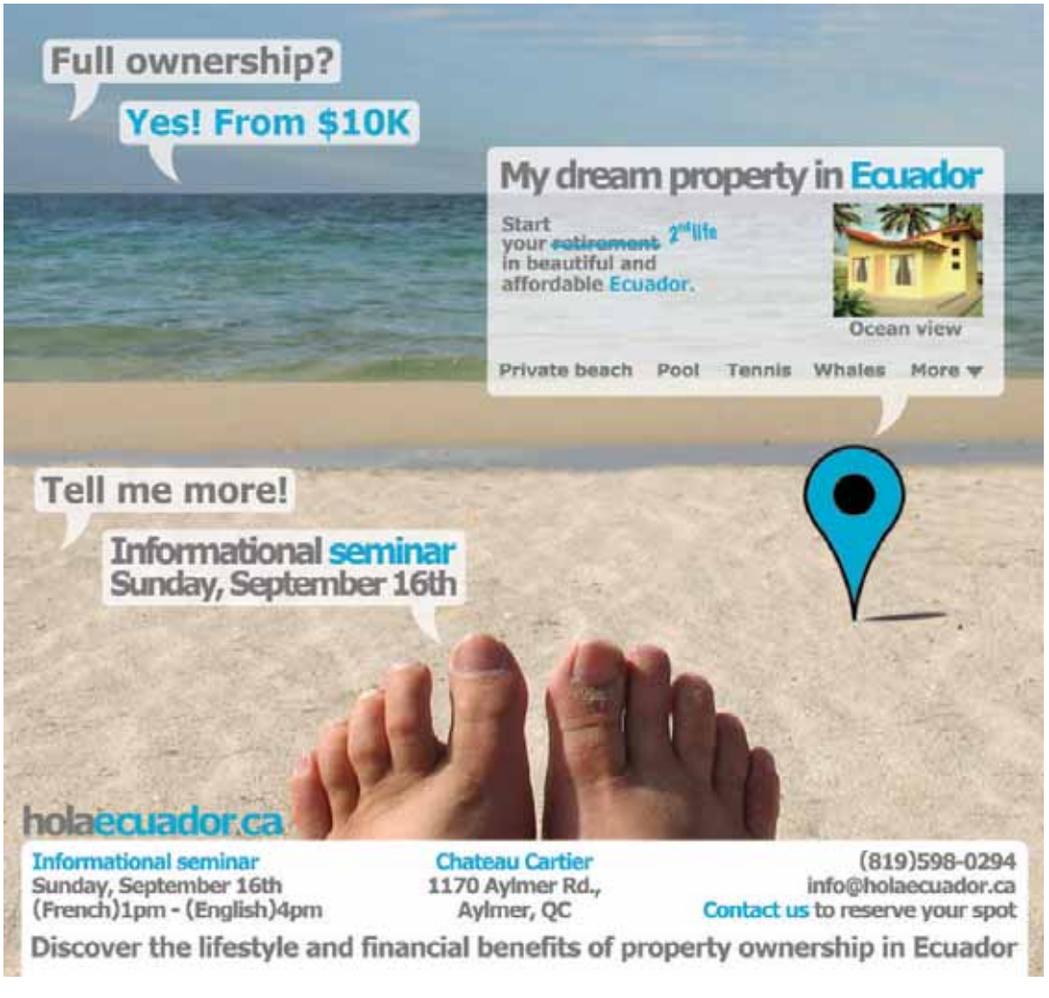
A nest of their own

"There are of course birds in the flock who just don't fly, and they prefer to build nests separated from the rest."

President Vladimir Putin, making a reference to the youthful protesters in Moscow.

Russian President Vladimir Putin flies in a motorized hang glider on Wednesday alongside two Siberian white cranes, on the Yamal Peninsula in Russia.

RIA-NOVOSTI/ALEXEI DRUZHININ/PRESIDENTIAL PRESS SERVICE/THE ASSOCIATED PRESS



Only in Canada. Flu shots made people even more susceptible to pandemic

A strange vaccine-related phenomenon spotted at the start of the 2009 flu pandemic may well have been real, a new study suggests.

Canadian researchers noticed in the early weeks of the pandemic that people who got a flu shot for the 2008-2009 winter seemed to be more likely to get infected with the pandemic virus than people who hadn't received a flu shot.

Five studies done in several provinces showed the same results. But initially research outside of Canada did not, and the effect was dismissed as "the Canadian problem."

News of the unexpected findings broke at a time when countries in North America and parts of Europe were getting ready to start vaccinating their populations against the pandemic virus.

Some jurisdictions were also trying to figure out whether to offer the seasonal flu vaccine they had purchased — similar to the 2008-2009 shot — along with the pandemic vaccine, in case the seasonal flu viruses continued to circulate. Quebec opted not to offer the seasonal vaccine because of the concerns raised by the studies.

Many people in the public-health community found the whole event unhelpful, and many rejected the findings. Some suggested if there was a problem, it might have been with the flu vaccine used in Canada, because the problem wasn't seen elsewhere.

THE CANADIAN PRESS

Pandemic flu

The U.S. Centers for Disease Control recommend seeing a physician if the following symptoms occur:

- Difficulty breathing or shortness of breath
- Pain or pressure in the chest or abdomen
- Sudden dizziness
- Confusion
- Severe or persistent vomiting
- Low temperature

Cyclists fight kids' cancer

Diane Klich and Paul Berendson, who are taking part in the Sears National Kids Cancer Ride from Vancouver to Halifax, stopped for a break in Winnipeg Sunday and got a hug from Ben the Sears Charity Bear. They hope to raise $1.5 million to help fight cancer. Follow them at metronews.ca. SHANE GIBSON/METRO IN WINNIPEG

Mammal minesweepers. Canadians watched U.S. navy dolphins in action

Canadian soldiers got an up-close look at bomb-detecting dolphins during a military training exercise with the Americans off the coast of British Columbia, a newly released document shows.

The U.S. navy brought four bottlenose dolphins and a support team to Esquimalt, B.C., last year to practise anti-mine tactics as part of Exercise Trident Fury. The training operation took place in May 2011 and involved the armed forces and coast guards of Canada and the United States.

A briefing note to the chief of maritime staff described the exercise as a rare opportunity for the Canadian military to gain valuable experience working with the animals — something it currently does not do.

THE CANADIAN PRESS

Underwater allies

Mine-detecting dolphins have served for a long time.

- The U.S. navy has been training dolphins and sea lions since the 1960s.
- During the 2003 invasion of Iraq, navy dolphins helped U.S. forces clear anti-ship mines and underwater booby traps.

Drummondville, Que.

Tornado kills hydro for more than 90K

A small tornado hit an area northeast of Montreal on Saturday as part of a storm that left more than 90,000 homes and businesses without power.

Rene Heroux of Environment Canada says wind speeds hit 120 km/h in Drummondville, Que., tearing off the roof of at least one building.

It was the fifth tornado of the season in Quebec.

There were about 2,400 Hydro-Quebec clients still without power across the province on Sunday afternoon. THE CANADIAN PRESS

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Earthquake survivors in China wait for supplies

Mountainous area.
More tremors hinder rescue efforts; by noon Sunday, there had been 279 aftershocks

Survivors of a series of earthquakes that killed 81 people and injured more than 800 in a mountainous area of southwestern China were desperately waiting for more aid to arrive Sunday.

They were waiting as jolting aftershocks were keeping fears high and hindering rescue efforts.

The latest victim was a two-year-old child who was hit by a falling wall as an aftershock struck Saturday night, the state-run Xinhua News Agency reported.

The first earthquakes struck Friday in a region of small farms and mines near the border between Guizhou and Yunnan provinces, where some of China's poorest people live.

They toppled thousands of homes and sent boulders cascading across roads, and authorities evacuated more than 200,000 villagers.

The aftershocks on Sunday were raising fears of more injuries and fatalities. THE ASSOCIATED PRESS

Quake zone

The first earthquakes struck Friday in a region of small farms and mines near the border between Guizhou and Yunnan provinces, where some of China's poorest people live.

- The first magnitude-5.6 quake struck just before 11:30 a.m. Friday and was followed by an equally strong quake shortly after noon. Though of moderate strength, the quakes were shallow, which often cause more damage than deeper ones.
- In 2008, a 7.9-magnitude quake in Sichuan province, just north of Yunnan, left 90,000 dead.

Zhu Yinquan, left, helps a woman who lost her seven-year-old daughter in Friday's earthquake in Yunnan province. THE ASSOCIATED PRESS

Tariq al-Hashemi, Iraq's former VP, fled to Turkey when charged.
THE ASSOCIATED PRESS

Fugitive former VP of Iraq sentenced to death

Iraq's fugitive Sunni vice-president was sentenced Sunday to death by hanging on charges he masterminded death squads against rivals in a terror trial that has fueled sectarian tensions in the country.

Underscoring the instability, insurgents unleashed an onslaught of bombings and shootings across Iraq, killing at least 92 people in one of the deadliest days this year.

It's unlikely that the attacks in 13 cities were all timed to coincide with the afternoon verdict that capped a monthslong case against Vice-President Tariq al-Hashemi, a longtime foe of Shiite Prime Minister Nouri al-Maliki.

Still, taken together, the violence and verdict could energize Sunni insurgents bent on returning Iraq to the brink of civil war by targeting Shiites and undermining the government.

Al-Hashemi fled to Turkey in the months after the Shiite-led government accused him of playing a role in 150 bombings and assassinations. THE ASSOCIATED PRESS

Criminals using our less-secure documents to get real passports

Leveraging upward. A stolen SIN number and a forged birth certificate give thieves the ability to obtain more important IDs

The RCMP says other official documents are being used to sign up for legitimate passports. THE CANADIAN PRESS FILE

Criminals are increasingly using stolen social-insurance numbers and doctored birth certificates to obtain legitimate driver's licences and passports, an internal RCMP report says.

And by leveraging pilfered or forged identity markers into higher-value IDs, criminals can sidestep tough anti-counterfeiting features built into government-issued identity documents, including a pending upgrade of passports with biometric chips.

"Identities are being overtaken, altered or created, facilitating a number of other crimes, including many variations of fraud, typically for financial gain or to conceal a true identity," says the March 2011 report from the RCMP's criminal intelligence division.

It points to a rising use of "breeder" documents — identity records such as social-insurance numbers, birth or citizenship certificates — that are stolen, tampered with, then used to sign up for credit cards or valid forms of identity.

The report suggests Ottawa's recent move to stop issuing SIN cards, instead sending the information in a letter, may not hinder identity thieves who skim someone's mail or pick through their garbage looking for the nine-digit number.

The report says the failure of governments to cross-check the authenticity of documents used in applications allows fraudsters to stitch together a "synthetic" identity, combining a stolen social insurance number or altered birth certificate with a made-up name and date of birth.

That means a social insurance number can be successfully paired with an entirely different name on a government application form, since the two are not routinely checked for a match, it says.

And online applications make it easier for criminals to avoid face-to-face interactions when committing identity fraud, the report notes.

Though obtaining credit cards is the No. 1 goal for fraudsters, they're also exploiting gaps in the way numerous official identity documents are issued to acquire a federal passport or driver's licence, according to the RCMP.

THE CANADIAN PRESS

Analysis

ID theft now a growth industry

Some 17,000 Canadians lost more than $13-million to identity fraud last year, twice the dollar loss reported in 2007, according to figures collected by the Canadian Anti-Fraud Centre, a federal organization which tracks identity crime.

Having a credit check done at least once a year and keeping an eye out for missing bills are two ways people can protect themselves against the more than two-dozen types of identity crime, it recommended.

And once bills and government letters have been read? "Shred them."

THE CANADIAN PRESS

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rideaucentre.com

Prince Harry gives a thumbs-up Friday after he walked past the Apache flightline at Camp Bastion in Afghanistan, where he will be operating from during his tour of duty as a co-pilot gunner. JOHN STILLWELL, POOL/THE ASSOCIATED PRESS

Prince to give 'copter missions a whirl

Second tour of duty. British royal returns to Afghanistan to fly attack helicopters in fight against Taliban

Prince Harry is finishing his first phase of initial training at Camp Bastion in Afghanistan.

The 27-year-old army captain arrived in Afghanistan for his second tour there on Friday but will not start flying Apache helicopter missions for at least seven more days.

On Sunday, the third-in-line to the British throne was expected to complete his two-day course in first aid, shooting, and roadside-bomb awareness.

He then is to start Apache-specific preparation Monday, where he will begin to familiarize himself with the helicopter's configurations for Afghanistan.

The prince's previous posting as a battlefield air-traffic controller in Afghanistan in late 2007 and early 2008 lasted only 10 weeks. It was cut short amid fears for his safety after his deployment was made public.

THE ASSOCIATED PRESS

One less corgi in the palace. Queen's dog dies

Buckingham Palace says one of Queen Elizabeth II's corgis, who took a star turn in the James Bond sketch during the Olympics opening ceremony, has died.

Monty and two other of the queen's beloved corgis appeared in a James Bond sketch during the opening ceremony, greeting Daniel Craig's James Bond as he arrived at the palace to accept a mission from the monarch.

The palace on Sunday confirmed that Monty — who was previously owned by the Queen Mother — had died. It did not provide details on when or how Monty died, or the age of the dog, but added that another of the queen's pets, dachshund-corgi crossbreed Cider, also had died.

With the death of Monty, Queen Elizabeth II now has two corgis in the palace — Willow and Holly — both of whom also appeared in the Olympics sketch. THE ASSOCIATED PRESS

Not so Nobel

Chinese prize peace their way

Former UN secretary general Kofi Annan, Thailand's prime minister and Microsoft founder Bill Gates are among those nominated for a Chinese alternative "peace prize."

Organizers of the Confucius Peace Prize announced the nominees Sunday for the accolade that last year went to Russia's Vladimir Putin.

The China International Peace Research Center launched the prize in 2010 in an apparent attempt to counter that year's Nobel Peace Prize which went to jailed Chinese dissident writer Liu Xiaobo. He is serving an 11-year prison sentence for co-authoring an appeal for political reform.

Liu's win enraged the government and Chinese nationalists, who accused the Nobel committee of interfering in China's legal system as part of a plot to bring the nation down in disgrace.

THE ASSOCIATED PRESS

What a dolphin

This Flipper won't hear of moving

A deaf dolphin found stranded in March off the Louisiana coast is being taken to live at a facility in Mississippi. Suzanne Smith, rescue co-ordinator at the Audubon Nature Institute, says he would be unable to survive in the wild. Deafness is probably the reason he was found sunburned and stranded on a mudflat.

THE ASSOCIATED PRESS

A two-year-old deaf dolphin is fed in New Orleans last week. AUDUBON NATURE INSTITUTE/THE ASSOCIATED PRESS

CRTC eyes market shift with Bell-Astral deal

Public hearing. Competitors argue $3.4-billion deal will give telecom giant too much of English-language TV market

A public hearing into Bell's $3.4-billion acquisition of Astral Media will focus on how much of the English-language TV market the telecom giant will corner if the deal were to go through.

The CRTC will examine the multibillion-dollar transaction on Monday and will hear from multimedia, telecom and radio companies, producers as well as film groups and consumer advocates — many of them against the deal.

Bell's parent company BCE said if the deal is approved it will own 33.5 per cent of the English-language market, under the 35 per cent threshold set by the Canadian Radio-television and Telecommunications Commission for approval.

Telecom competitor Telus Corp. believes Bell would have too much control of English-language TV content and leave consumers with fewer choices and higher cable bills.

Telus has argued that the purchase of Montreal-based Astral, along with Bell's part ownership in the Maple Leaf Sports and Entertainment TV assets, and its stake in joint venture assets, such as Teletoon, would give Bell 49.5 per cent share of the English-language television audience.

Opposition

"When too much power is concentrated in one company, it often means higher prices and poorer choices for consumers."
Just Say No To Bell website

The Just Say No To Bell campaign's website says if the deal is successful, Bell would control 37.6 per cent of TV viewing. It wants the federal government to stop the deal.

"If Ottawa allows this deal to proceed, Bell Canada will dominate the Canadian TV broadcasting scene and become a threat to the industry and to Canadian consumers," the Just Say No to Bell website says.

THE CANADIAN PRESS

Pierre Karl Peladeau, president and CEO of Quebecor Inc., left, along with Lee Bragg, CEO of Eastlink, and Louis Audet, president and CEO of Cogeco Cable Inc., ask the federal government to disallow a proposed takeover of Astral Media Inc. by Bell Media in Ottawa on Aug. 7. FRED CHARTRAND/THE CANADIAN PRESS

What's at stake?

Effects of the acquisition

BCE announced the Astral deal last March aimed at creating a media powerhouse poised to take on rivals in providing digital content to consumers.

In 2010, BCE bought the rest of the CTV assets it didn't already own for $1.3 billion.

CTV operates more than 25 stations across the country, 30 specialty channels including sports networks TSN and RDS online video programming and properties such as CTV.ca, TSN.ca, RDS.ca, MuchMusic.com, MTV.ca and TheComedyNetwork.ca. It also owns CHUM Radio, which operates more than 30 radio stations throughout Canada.

Astral is Canada's largest pay and specialty TV broadcaster and owns 84 radio stations in 50 Canadian markets and 24 television services.

It is also the third-largest outdoor advertising company, and has a stake in the country's only subscription radio service, XM-Sirius Canada.

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Monti government

Cutting corruption will boost Italy's growth: Minister

Italy's justice minister says corruption is hampering the country's economic growth and that Premier Mario Monti's government will push hard this week in Parliament for a tough anti-corruption law.

Minister Paola Severino, citing World Bank estimates, said Sunday that combatting corruption could boost Italy's GDP by 2-4 per cent. Kickbacks in awarding contracts can boost overall costs and discourage investors from doing business in Italy.

She spoke on the sidelines of an annual closed-door economic forum at a resort on Lake Como.

Monti, leading a non-elected technocrat government, was reportedly coy at the forum about calls from some centrist politicians that he run for election this spring when Parliament's term ends.

He was appointed in November to save Italy from succumbing to the eurozone sovereign-debt crisis.

THE ASSOCIATED PRESS

Western sanctions. Iran's currency falls to record low against the U.S. dollar

Iran's currency hit a record low against the U.S. dollar in street trading, the semiofficial Mehr news agency reported Sunday.

Mehr says the rial dropped nearly seven per cent in a single day, to 24,300 rials to the dollar. Street traders say the rial rose slightly later on Sunday to around 23,900 rials to the dollar.

The collapse of the currency is a sign of the effect of Western sanctions over Iran's nuclear program. The West suspects Iran is aiming to build nuclear weapons, a charge Iran denies.

On July 1, the European Union banned import of Iranian oil, and the U.S. tightened sanctions against Iran's banks.

On Friday, Canada cut diplomatic relations with Iran over its nuclear program, support for Syrian President Bashar Assad's regime and the country's poor record on human-rights issues.

The governor of Iran's central bank, Mahmoud Bahmanai, said the plunge of the rial was the result of a rush on the market by buyers seeking to obtain the dollar, rather than other economic reasons.

The current official rate is 12,260 rials to the dollar, used only for special purposes such as importing food and medicines.

Last week, President Mahmoud Ahmadinejad said Iran faced "barriers" to transfer its oil revenue into the country because of the sanctions. Crude export accounts for about 80 per cent of Iran's foreign-currency revenue.

Also Sunday, lawmaker Ahmad Tavakkoli criticized the government for allegedly failing to provide enough hard currency. He said that for the past two weeks the Ahmadinejad administration refused to supply the market with hard currency.

THE ASSOCIATED PRESS

Oil company ponders shale-held oil off N.L.

The Rock. Shoal Point Energy Ltd. searching for economical way to extract crude from stretch of shale

A long, narrow stretch of shale that runs along western Newfoundland's coastline might be home to North America's next big oil find.

So believes the junior oil explorer that's snapped up virtually all of the land in the Green Point shale.

But Shoal Point Energy Ltd. hasn't quite figured out how to economically draw the crude — some 23 billion barrels of it in place, according to one estimate — from the uneven, broken-up rock.

"It's a bit of a wild frontier still," said George Langdon, the company's Newfoundland-raised CEO, who has long been fascinated by rocks on the Rock.

"There's a lot of oil in place. We haven't proven the viability of it yet. But just the sheer number of what could be in place there makes it, to me, one of the significant resources in North America, right up there with the big ones."

Indeed, it's hard to draw a direct comparison between the Green Point and other North American shales. For starters, it appears to be several times thicker and the rock has been jostled around by moving tectonic plates.

"The shale is really broken up quite a bit, and when a shale is broken like that, it can be very difficult to drill," said Larry Boyd, director of geoscience at AJM Deloitte, the Calgary consulting firm that Shoal Point hired to evaluate its Green Point potential.

"We're really kind of pioneering something really brand new here." THE CANADIAN PRESS

Fracking

As with other shale formations throughout North America, tapping the Green Point will require hydraulic fracturing, or fracking, to unlock the resource. The controversial practice involves injecting a mixture of water, sand and chemicals underground in order to crack the rock.

- Fracking has unleashed huge supplies of natural gas and oil from shales across the continent, but it also brings with it concerns over the safety of groundwater supplies near drilling sites.

German court

Bond program prompts opponent to file complaint

An opponent of the eurozone's permanent rescue fund said Sunday that he has filed a new complaint to Germany's highest court after the European Central Bank unveiled a program to buy government bonds.

Peter Gauweiler, a backbench lawmaker with Chancellor Angela Merkel's conservative bloc, already is one of several plaintiffs against the 500-billion euro ($640-billion US) European Stability Mechanism.

Germany's Federal constitutional Court is to rule Wednesday on calls for an injunction blocking the fund. Gauweiler's office said he filed a new complaint seeking an injunction that would prevent ratification of the ESM unless the ECB reverses Thursday's decision under which the bank could buy unlimited amounts of government bonds — if countries first seek help from the eurozone fund.

The ECB's move "has created a completely new situation" regarding whether the fund is constitutional, Gauweiler's office said in a statement. It argued that the prospect of the ECB buying bonds makes the overall risk for the German budget "completely incalculable" and that the bank's potential actions would override Parliament's rights to supervise the fund.

The court should if necessary delay Wednesday's planned ruling to consider the new complaint, Gauweiler argued.

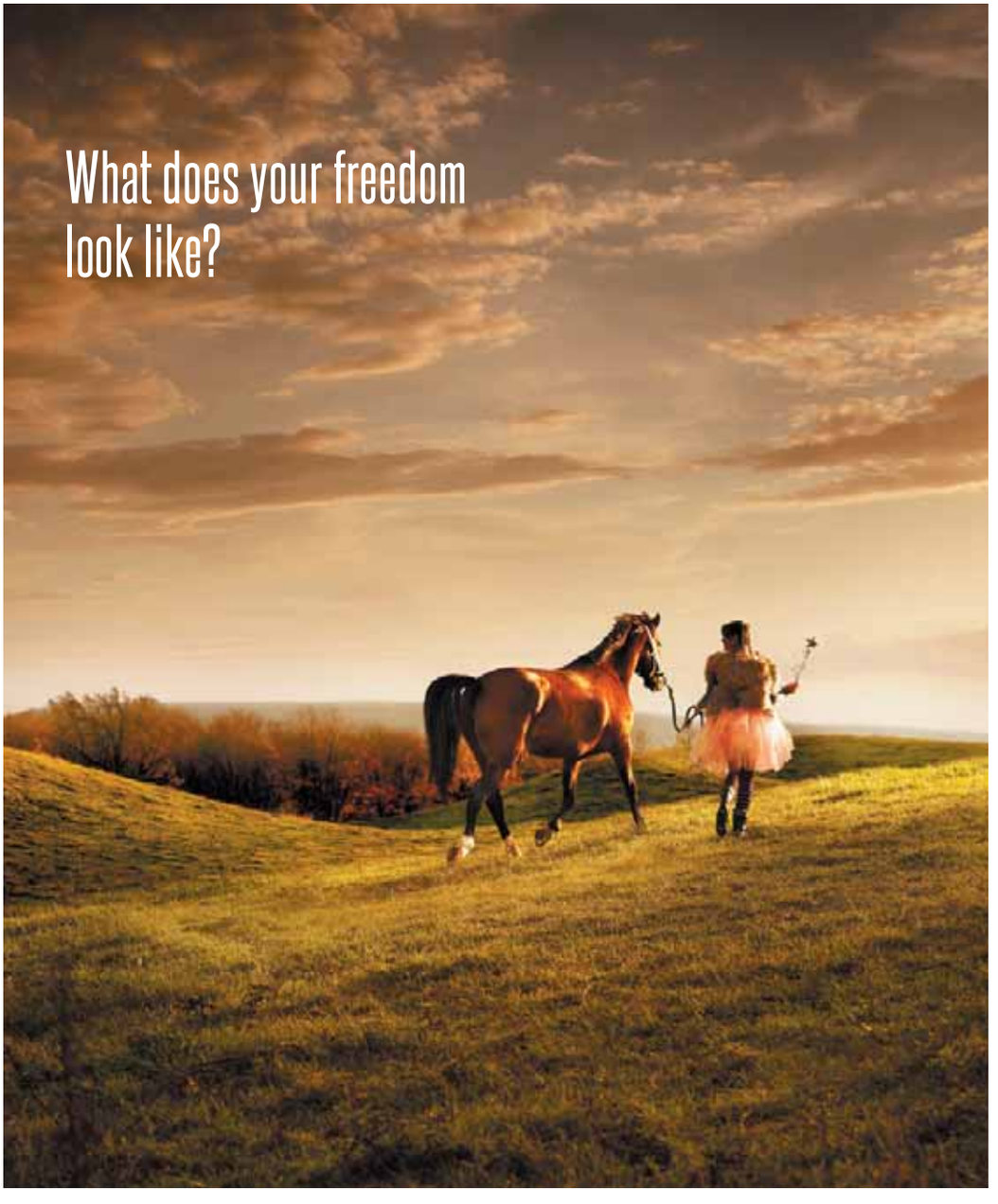
Asked about Gauweiler linking the case against the rescue fund with the ECB's actions, Vice Chancellor Philipp Roesler told ARD television: "I personally don't see any direct connection."

Roesler said he hoped the court will approve the European Stability Mechanism because "we need it to stabilize our currency."

"All of Europe is waiting for this important decision," he said. THE ASSOCIATED PRESS

Greeks protest austerity

Coast guards hold flares and shout slogans during a protest in the northern Greek port city of Thessaloniki on Saturday. Greece, in the grip of a severe recession for the fifth straight year, is still struggling to avoid bankruptcy by imposing harsh austerity measures, including wage and pension cuts. Unemployment has soared to nearly a quarter of the workforce. GIORGOS NISSIOTIS/THE ASSOCIATED PRESS



Egypt

New president affirms treaty

A participant in a meeting between Egypt's president and a large U.S. trade delegation says the Egyptian leader has reaffirmed pledges that he will respect his country's landmark peace treaty with Israel.

Mohammed Morsi also said Sunday during the hour-long meeting that he has instructed his cabinet to fight corruption and reduce red tape to create a better environment for business and investment.

Since his election, Morsi has offered repeated assurances he would respect the 1979 treaty, apparently to remove any doubt of his commitment to the historic accord. Morsi hails from the Muslim Brotherhood, an Islamist group that has a decades-old enmity with Israel. The participant spoke on condition of anonymity because Morsi's spokesman has not yet briefed the media.

THE ASSOCIATED PRESS

Energy ministers skirt national-strategy issue

Charlottetown. The meeting in P.E.I. will focus on federal changes to environmental assessment

Alberta Premier Alison Redford fields a question at a news conference after the annual Council of the Federation meeting July 27. ANDREW VAUGHAN/THE CANADIAN PRESS

As federal and provincial energy ministers gather this week in Charlottetown, forging a national energy strategy is conspicuously absent from their agenda.

The topic was all the rage over the summer as business groups, environmentalists, aboriginal groups and most of the premiers — spearheaded by Alberta Premier Alison Redford — called on Canadian leaders to hash out a solid plan for handling the country's natural resources.

Redford travelled from province to province, persuading one provincial leader after another that a national energy strategy would be in everyone's interests.

But the premiers' meeting in July ended with B.C. Premier Christy Clark refusing to talk about any of it until her demands on the Northern Gateway pipeline were recognized.

Now, as the provinces come together once again, joined by federal Minister of Natural Resources Joe Oliver, top-level talks toward a national energy strategy appear to have been downgraded to "discussions for collaboration."

"I'm looking forward to discussing ways we can collaborate on future energy development," was all Prince Edward Island's minister of finance and energy, Wes Sheridan, would say.

Oliver said the Sunday-to-Tuesday meetings will focus on implementing federal changes to environmental assessment, making sure marine and pipeline safety standards are world-class, and investing in market diversification, labour, environment and efficiency.

THE CANADIAN PRESS

Exports

Strategy talk unavoidable

Regardless of their differences and the official agenda, the ministers will wind up talking about the need for pan-Canadian infrastructure that will allow for more efficient export of the country's resources, said federal minister Joe Oliver.

Indeed, he said, every region of the country is caught up with the challenge of moving resources to market and reducing their dependence on American buyers.

In their July statement, however, the premiers — all but B.C.'s Clark — were more ambitious. They issued a list of common principles and said a national energy strategy was "urgent" due to new demand for commodities and climate-change pressures.

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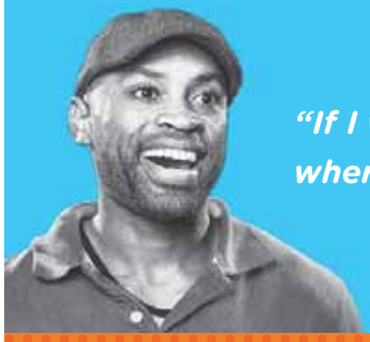

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IN THE HOLE ON INFRASTRUCTURE

URBAN COMPASS
Steve Collins
ottawa@metronews.ca

When the Association of Municipalities of Ontario met in Ottawa last month, some delegates took a cycling tour along the Laurier Avenue bike lane, a project our city was only too proud to display.

If only the conference had been held a couple of weeks later, our guests could have instead peered into the abyss of our latest public-works showcase, the Highway 174 sinkhole, which opened last week to poor reviews.

After all, the AMO is concerned about the province's municipal-infrastructure deficit, estimated at $60 billion in long-deferred and desperately needed repairs and upgrades. It's so much easier to understand a concrete (or asphalt) example like our sinkhole than a head-spinning number and dull balance-sheet abstractions.

After a storm sewer dating back to at least the Diefenbaker government collapsed, sucking a section of road and a local (and luckily unhurt) motorist down with it, the city closed a section of the 174's heavily used eastbound lanes and quickly reassured us they were on top of things.

Ottawa is sinking

The only thing separating this collapse and the bridge collapse in Laval, Que., is that Juan Pedro Unger is alive to tell us what it's like to drive into a sinkhole and climb out as quickly as you can.

Just last summer, after all, they had noted the old pipe wasn't what it used to be, and put a $1.5-million re-lining on their to-do list.

But when the city filed for a permit in February, the Rideau Valley Conservation Authority told them the work couldn't take place between March and July, which would interfere with fish spawning in the area. (So that explains why the work wasn't done for five months of the past couple of decades.) The collapse occurred coincidentally as preliminary work was beginning.

An ounce of prevention is worth a pound of cure, a truism likely to be borne out in the pricing scheme of this episode. The city paid a $15,000 "premium" last week to rush-order new concrete pipe for the emergency repair. The time required to fix the hole and reopen the 174 is unclear, and it's safe to say the $1.5 million price tag for the original repairs is rapidly fading in the rearview mirror.

Similarly, the cost of twenty years' infrastructure neglect is snowballing across the country. In a 2007 study the Federation of Canadian Municipalities estimated Canada's cities and towns were $123 billion behind on infrastructure spending, and the number is unlikely to have shrunk in five years. The FCM blames several contributing factors, including the reduction of transfer payments to municipalities at the same time as their spending responsibilities were increasing.

It's also easier to sell taxpayers on sexy, high-visibility projects like Lansdowne Park or light rail than boring old roads and the pipes beneath them. Earlier this year, staff unpacked a $2.7-billion list of overdue repairs, expansions and upgrades to our water and sewer system, which will require more borrowing and a 74 per cent increase in water rates over the next ten years.

The 174 sinkhole was an anomaly. The only thing separating this collapse and the bridge collapse in Laval, Que., is that Juan Pedro Unger is alive to tell us what it's like to drive into a sinkhole and climb out as quickly as you can. It could easily have been different.

Alain Gonthier, the city's manager of asset management, told council last week Ottawa's infrastructure is in good shape overall, but "unfortunately these situations do happen."

Indeed, it also happened last year, at Woodroffe and Hunt Club, when a water main, this one installed in 1975, collapsed, not only causing a sinkhole that caused days of traffic headaches, but also subjected south-end residents to an outdoor watering ban last spring and summer. Previous failures of the pipe and inspection had warned of a high risk of more trouble.

Perhaps it's time to make sure it doesn't happen again next year or the year after. Tackling our infrastructure deficit would certainly cost a painful amount of money, and we can only cajole the provincial and federal governments to pony up so much of the bill.

But is the possibility, however small, of your car plunging into a sinkhole during your commute an acceptable price to pay for tax increases capped at 2.5 per cent, no matter what?

Sun cracks its whip on Earth

NASA/GSFC/SDO

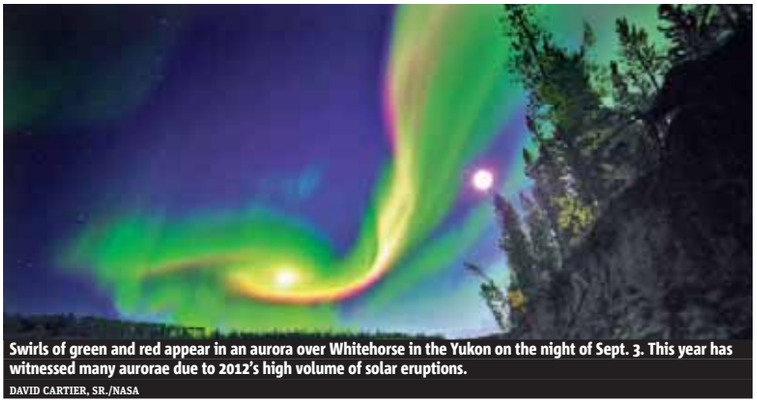
Astronomy

Explosion of solar flare off the sun

A jaw-dropping image of a solar whip has been captured. NASA reported a filament of solar material, which had been in the sun's atmosphere.

Though it didn't erupt directly towards Earth, it did have an effect on Earth's magnetic environment (magnetosphere), causing aurora to appear on Sept. 3.

METRO



Swirls of green and red appear in an aurora over Whitehorse in the Yukon on the night of Sept. 3. This year has witnessed many aurorae due to 2012's high volume of solar eruptions.

DAVID CARTIER, SR./NASA

Aurora:

- Atmospheric phenomenon made of light caused by charged solar particles following Earth's magnetic lines of force.

Plasma:

- The red-glowing ejected material is a hot gas composed of electrically charged hydrogen and helium. The plasma flows along a twisted structure of magnetic fields made by the sun's internal dynamo.

Solar prominence:

- A large, bright feature extending outward from the sun's surface. They are anchored to the sun's surface in the photosphere, and extend outwards into the sun's hot outer atmosphere, called the corona.

Solar speed

1,450

kilometres per second is the speed at which this coronal mass ejection travelled. That's still only one two-hundredth of the speed of light.

Move over Movember — there's a new event

News Worth Sharing

Media will always have to report on the tough stuff. But we know that Canada is full of compassionate individuals, inspiring projects and stories worth celebrating. Here's just one.

Ready to flash your 'stache?

This fall, grow some lip hair in support of prostate cancer research. Residents around Eastern Ontario are signing up to participate in the Dare to Flash a 'Stache event in November, riffing on the annual worldwide charitable event, Movember.

They're creating teams, soliciting pledges and getting ready to grow out their moustaches. (Ladies, don't worry — there are many creative ways you can participate.)

"This region has a very high statistical incidence of cancer diagnoses," says event co-creator, Tom Clapp. "We hope to build awareness and encourage men to be more regular in their testing."

Funds raised from pledges will go to the Winchester District Memorial Hospital Foundation and the da Vinci surgical system at the Ottawa hospital, through the Ottawa Regional Cancer Foundation.

The best moustaches will win prizes. To register your team and for more info, check out flashastache.ca.

CRAIG AND MARC KIELBURGER

Craig and Marc Kielburger are founders of international charity and educational partner Free The Children. Its youth empowerment event, We Day, is in eight cities across Canada this year, inspiring more than 100,000 attendees. For more information, visit weday.com.

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The battleground of daytime TV

With Oprah's crown still up for grabs, three celebrities enter the talk show fray today. Here's what you need to know about the contenders.

AMBER RAY
Metro World News

The Ricki Lake Show, Global

Bio
Ricki Lake became a star as Tracy Turnblad in John Waters' 1988 classic Hairspray. She's a daytime vet, having hosted her titular chat show from 1993 through 2004. She produced a documentary about childbirth, The Business of Being Born, and marked her pop culture return with a stint on Dancing with the Stars in 2011.

Personality
Lake is your sympathetic girlfriend who's been there, done that, and always has her own funny anecdote to share. "I have been rich. I have been poor. I have been fat. I have been thin," Lake admits. "I've had this life experience, and I'm an open book. I'm willing to share my hardships and my triumphs." Her mission for her return to talk is "that this really can be a smart show that people can learn from each other."

What to expect
Lake became a phenomenon when, in her 20s, she addressed the (sometimes scandalous) concerns of the younger generation and encouraged audience participation. Now 43, Lake intends to continue engaging her fans, but with a more grown-up approach and topics that affect, primarily, women between the ages of 25 and 54. "Today, times are really tough. We're all trying to figure it out and put food on our plates and be in the job force and raise families and, you know, figure out the aging process and how to reverse it," Lake says. "So I think doing a show now that's a little less fluff, a little more substance — that's something I would be looking for as a viewer."

Secret weapon
Don't underestimate the nostalgia factor for Ricki Lake, Talk Show Host. The studio audience started a "Go Ricki" chant — a hallmark of the host's first show — during taping of the new show's second episode.

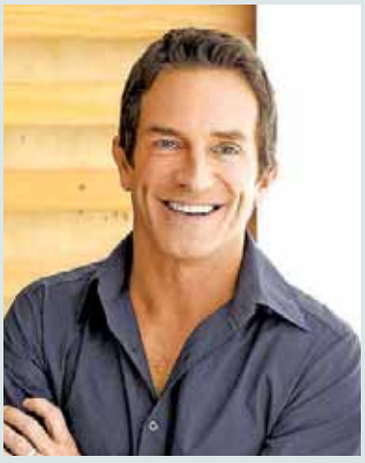
Katie, Citytv

Bio
For 15 years, Katie Couric helped America wake up as co-anchor of the Today show. She became the first solo female anchor of a national nightly news broadcast when she helmed CBS Evening News with Katie Couric from 2006 to 2011.

Personality
Couric is the sweet aunt who will take you for brunch and a manicure, listen to your problems, then scold you because you know better. She hopes Katie delivers information — from daily news to dating tips — that is "smart with heart."

What to expect
Katie, taped live from New York and mixing news and entertainment, sounds a little like a one-hour version of Today. "I'm going to be able to flex all my muscles (on Katie)," Couric says, referring to her 33 years on both ends of the television news spectrum. "I've done … some lighthearted stories, some fun stories, some celebrity-driven stories. And then I've done very serious stories. I pride myself on being able to use the right tone and the right approach and to be able to calibrate that approach depending on who I'm interviewing or the topic that I'm dealing with on any given day."

Secret weapon
Sheryl Crow wrote and performed the Katie theme song, reminding us of the A-list contacts that Couric must have on her iPhone, which she'll be able to tap for interviews. Crow will appear on the first episode, as will Jessica Simpson.



The Jeff Probst Show, Global

Bio
Jeff Probst is the Emmy-Award-winning host of Survivor; he has helmed the reality competition since it debuted in 2000. Formerly, he hosted Rock & Roll Jeopardy! and was a correspondent for Access Hollywood.

Personality
Your over-sharing big brother who is also your biggest cheerleader. "I think my weakness as an interviewer will be a strength in daytime, which is, I share a lot, sometimes too much," Probst admits. "But in daytime, when you are asking people to share their life on the kind of level that I'm going to go to, you have to be willing to share yours." Probst's wife, Lisa Ann Russell, will be an integral part of the show, often contributing to the day's conversation.

What to expect
"If you're looking for Jerry or Maury, this is not your show," Probst says. "I'm not interested in people fighting onstage." You can forget about seeing celebrities promoting their latest movie, too, unless they are able to add to Probst's message of positivity and embracing new experiences. "The overall idea of the show is saying yes to the adventures in your life — I mean being married, being a parent, dating, friendships," he says. "At the end, this really is what defines our life, those adventures. And that's the idea behind the show, and we will talk about that all the time."

Secret weapon
Only The Jeff Probst Show boasts a party room complete with massage chairs, makeover stations, snacks and a photo booth for its audience. Probst says the set was designed to be an extension of his living room, a place "where you feel comfortable enough to kick off your shoes." The party room serves two purposes, he explains: "One, we want the audience to feel welcome, and we also want them to spread the word — if you are looking for something fun to do in L.A., check out The Jeff Probst Show. There's this great party room, and then there's this really fun show."

On the web

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METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Brad Pitt. ALL PHOTOS GETTY IMAGES

Brad Pitt playing coy on upcoming wedding

The only update Brad Pitt can offer on his and Angelina Jolie's wedding is that it is indeed happening — though he's not saying when.

"No plans yet, other than we are going to do it," Pitt says, according to E! News. "I plan very little as I get older."

So will best buddy George Clooney be serving as best man for the big day? Pitt jokes that his pal would probably be demoted to usher.

"Well, you know, he doesn't believe in institutions," Pitt says. "So he can get people to their seats or something."

Quote

"No plans yet, other than we are going to do it."

Brad Pitt
On getting married to Angelina Jolie.

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The Word

Poehler and Arnett: 2012's bummer breakup

THE WORD
Monica Weymouth
scene@metronews.ca

When we found out Amy Poehler and Will Arnett were divorcing last week, we assumed there must be the scandal of all scandals hiding behind their split. Nevermind that their rep insisted it was "very amicable" — why would two people as funny, successful and charming as them breakup? As it turns out, they're not that much different than those of us who fall asleep watching reruns of their shows, snuggling piles of almost-warm takeout.

"Will and Amy started to feel more like best friends than a married couple — and sadly they lost their spark," a source tells RadarOnline. "The two still love each other very dearly, but the romance died and neither one of them was happy, so something had to be done."

Talk about shot through the heart. Go ahead, Source, finish us off: "Everyone used to think that because Amy and Will are both comedians their relationship was all fun. However, the laughter stopped a long time ago and now they just want to move on with their lives."

Now, we're not necessarily saying that love is dead. Just that he's emptied the mini bar, went on a Facebook bender, and things aren't looking good.

Robert Pattinson.

Pattinson getting back with Stewart?

While the future of Robert Pattinson and Kristen Stewart's relationship is still uncertain after her affair with director Rupert Sanders came to light, at least one friend of the pair says not to worry.

"They are totally going to get back together," the source tells Hollyscoop. "It is just a matter of time. Kristen has this effect on Rob. Robert is not a player. It is really a mess of a relationship. They are both in love with each other still."

That might be a problem, though, for friends of Pattinson, another source reveals.

"They tell him, 'If she cheated once she will cheat again,'" the source says.

Katy Perry.

Katy Perry spotted with John Mayer

It appears reports of the demise of Katy Perry and John Mayer's relationship were premature, as the pair were spotted at the MTV Video Music Awards after-party looking much still together, according to Hollyscoop.

"(John and Katy) were holding hands walking around the VIP area looking like a legit couple. They weren't even hiding it," the source says.

They soon left the party, though, in favour of a more intimate dinner at a restaurant in West Hollywood.

Twitter

@joelmchale
Sad news: the phrase "hot mess" is six months past it's expiration date. Also "I just threw up in my mouth a little" is over(2 years).

@lindsaylohan
just sending love, prayers and strength to #PrinceHarry

@katyperry
Today I am promised happiness. Let's do this!

@AlbertBrooks
"Shocking. Nude. Sex. Devastating" Four words you must use to have a successful website.

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LIFE 3

Hot thermos

Keep food warm until lunchtime

Putting hot food into a cold right-from-the-cupboard thermos just uses the heat from the food to heat the thermos and usually means a lukewarm lunch.

To keep your thermos warm and your hot lunch hot, fill your thermos with boiling water, attach the lid and let sit for five to seven minutes. Drain the water, wipe and immediately place hot food into the thermos.

Bonus: To test how hot your thermos stays during the day, fill it with boiling water and leave for a few hours. When you come home, gauge how hot your water is. If it's cold it may be time for a new thermos! **MAIJA MOMENTS OF YUMMYMUMMYCLUB.CA**

New study

Is being shy a disadvantage?

A new study from the University of Miami (UM) confirms shy preschoolers are "at greater academic risk than their chatty and boisterous peers."

Boisterous and loud children benefit from the teacher's attention, while introverted children "tend to disappear within the classroom," according to Elizabeth R. Bell, doctoral candidate in developmental psychology at UM and co-author of the study. While not necessarily disruptive, the shy child risks getting overlooked and dismissed by teachers.

Researchers hope their findings spark further training for teachers. **JULIE M. GREEN OF YUMMYMUMMYCLUB.CA**

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metronews.ca

- **Hotel woes.** Can mommy and her club-sized pack of anti-bacterial wipes beat you to the hotel remote control? Follow along with the comedic (mis) adventures of Reasons Mommy Drinks online at metronews.ca/voices

Myth busters

Inside lunch boxes

Myth: You are a bad mom if your kids eat the same thing every day.

Reality: When my son was four, he ate grilled cheese sandwiches for lunch every single day for about two months. Was it worth a fight to make him eat something else? Not really. He grew out of it and moved on to something else. Don't make food a fight.

Myth: You're a better mom if the lunch is cute.

Reality: In 20 years, I've never seen a cutesy lunch. Parents are stressed and throw together what they can, without the time to make it photo worthy. To me, it's way too much pressure to try to make it adorable. The emphasis should be on the fact that it's good, wholesome food.

Myth: Kids should never have treats in their lunches.

Reality: We all love them, and I often have a cookie with my coffee at work. I have no issue packing my child a homemade brownie or cookies as long as he eats the rest of his lunch. When you send treats, though, they should be a small add-on, not the focus. Little people need to focus and learn, which is hard if they are buzzed on sugar. **KAREN HUMPHREY, YUMMYMUMMYCLUB.CA**

On the Web

Reasons Mommy Drinks: Hotels. Scan this code or visit metronews.ca/voices to find out why next time mommy's opting for the staycation.

Get them to love reading with 8 unique strategies

Books. Kids go through phases in which they refuse to read, so it may help to try these approaches

RUTH SPIVAK
yummymummyclub.ca

Reading with kids, even the ones who graduated to chapter books, can help. ISTOCK

1. Leave a mess of books and magazines around the house. If you can stomach a bit of mess, a disordered pile of books entices kids to browse sooner than a neat bookcase.

2. Direct kids toward non-fiction. Does your child like cars or maybe cooking? Pick up some car magazines and cookbooks. We seldom think that materials with instructions and facts count as reading, but kids are often interested in books that fuel their hobbies. For kids who enjoy facts, The Guinness Book of World Records seems to be a hit. Non-fiction is ultimately a great avenue from which to explore a variety of topics.

3. Watch book trailers for inspiration. Tantalizing plot teasers reveal just enough information to rouse interest in a book.

4. Take kids on a library shopping-spree. Give each child a huge book bag to fill, and plenty of time to browse the aisles. Don't limit the amount of books, and try not to intervene with recommendations. Older kids could be dropped off to shop on their own, just like at the mall. Kids can "charge" everything to their own library cards. Giving kids independence around book selection works like a charm, and they can't wait to sample their "new" books at home.

5. Borrow audio books. Listening to a professional narrator bring a story to life can be the push kids need to pick up a book on their own.

6. Grab some joke books, comic books, and graphic novels. They all count as reading.

7. Read to older kids. Even graduates to chapter books enjoy being read to, and it could be the needed nudge to read independently.

8. Share a book and a movie. You could read the same book as your child, and then together watch a movie based on that book. Comparing the book to the movie develops critical thinking skills. **YUMMYMUMMYCLUB.CA IS AN ONLINE RESOURCE TO HELP BUSY WOMEN SURVIVE MOTHERHOOD**

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Get Lost in nursery design

Fans. Would you decorate your baby's room with TV memorabilia?

MICHELLE CASTILLO
Metro World News

Is this the hatch? CONTRIBUTED BY THE JOAOS

When Juan and Monica Joao found out they were expecting their first baby, they couldn't wait to decorate the nursery. Instead of the traditional baby blue or pink, these two TV and movie fanatics decided they wanted to pay homage to one of their favorite pastimes of collecting memorabilia.

After debating between a Lord of the Rings, Star Wars or Star Trek theme, the couple stumbled upon a polar bear at a local store.

"We said, 'This is the polar bear from LOST!'" Monica tells Metro World News.

But it wasn't until they found jungle style-trees that they decide to dedicate their son's room to the JJ Abrams-helmed show. Juan admitted the couple didn't start watching Lost until it had been on air for a few years, but they breezed through the first four seasons' mysteries in just one week.

The couple purchased items for the nursery from local stores, including using stickers of numbers to recreate the famous 4, 8, 15, 16, 23 and 42 "lucky" numbers on one of the shelves. They even created a separate jungle area with hanging plastic vines and fake grass, which Monica admitted is her favourite part. Besides the giant stuffed polar bear that rests under one of the trees, a fake crate adorned with the Dharma Initiative logo lies in the grass, waiting to be opened. A video of the room has gone viral.

Though die-hard fans of the show, Monica and Juan still debate whether or not they enjoyed the finale. Monica admitted she didn't like it so much, while Juan was pleased with the conclusion. But baby Paris — who is named after Paris in Troy not Paris Hilton, Monica is quick to emphasize — doesn't have an opinion yet.

"He must wait a few years," Monica said. "We think maybe 12. It's too soon. He's not going to understand it."

Quote

"This is the polar bear from 'LOST!'"

See the room: m-and-j-collection.blogspot.pt/

Get your kid hooked on good TV early

1 Breaking Bad

Pick up some artwork, like these Breaking Bad illustrations by Mike Mitchell that display the characters of the drug drama in cute cartoon form. The artwork was part of The Breaking Bad Art Project, a show that took place in Gallery1988 in Los Angeles.

2 Game of Thrones

Start by pasting a giant map of Westeros on your child's bedroom wall (at HBO.com). And make sure your child sleeps like a king or queen by purchasing some Game of Thrones-themed pillow cases that displays your house sigil. They're at cafepress.com.

3 Glee

They'll be in high school soon enough, but you can initiate your child's musical future by playing a Glee-themed boombox/CD player. It's perfect for those Baby Einstein tapes or those covers of Don't Stop Believing.

Weirdest baby births

MICHELLE CASTILLO
Metro World News

Hello cruel world. THINKSTOCK

Welcome baby EK to the world! The name might seem strange, but the circumstances of his birth are weirder.

According to Persian Gulf newspaper XPRESS, the baby was named after the flight code for Emirates airline after he was born en route on one of the company's flights from Dubai to Manila. His mother, was only 27 weeks pregnant. She reportedly felt some extreme pain and headed to the airplane bathroom. The next thing she knew, her baby boy was inside the toilet.

Thanks to four flight attendants and two nurses, the baby survived. The plane diverted to Vietnam, and the two were rushed to a local Ho Chi Minh hospital.

That's not the most surprising birth on record. Check out these other babies who couldn't wait to be born.

• Sonia Marina Nascimento may have entered the post office in Cambridgeshire, England looking to buy some minutes for her cell phone, but left with a package that weighed 5 lbs. 15 oz., according to the BBC. Nascimento went into labour at the post office and delivered before paramedics could arrive. The clerk on duty made sure to give baby girl Dulce an official weigh in on the scales.

• In order to avoid floods that were destroying her town in Mozambique, full term Carolina Chirindza climbed up a tree. The Irish Independent reported that for four days, she survived without food and water. When the helicopter finally rescued Chirindza, it also brought up baby Rosita. Her mother not only delivered her in the treetops but also held onto her so she wouldn't fall in the crocodile-infested waters.

• A couple that was part of the Occupy Wall Street protests had an unexpected member join its cause. When mother Mila Amie Economopoulos Jones went into labour, her husband and an organizer cut their Occupy meeting short and rushed her to the hospital in a cab, according to NBC New York. It was too late though: Jones gave birth in the backseat of the vehicle.

• An Indian woman named Bhuri Kalbi also gave birth on a toilet, but this time it was on a moving train. However, unlike airline toilets that store the waste in a tank, this train's toilet emptied out right onto the tracks, Reuters reported. The mother admitted she was so surprised by the birth that she didn't even notice her child had slipped. The train was stopped immediately, and luckily, the child was found on the pebbles next to the track uninjured.

• This last one isn't weird because of where the baby was born but how. In 2009, Mia Washington, of Texas, had twin boys, but each, a DNA test proved later, had a different father. Known as heteropaternal superfecundation, it happens rarely, and usually then when in vitro is involved. But Washington's pregnancy was natural, so to speak. We'll let you imagine how it happened.

Chicken-and-cheese tortellini is as easy as 1, 2, 3 — literally

ROSE REISMAN
for more, visit
rosereisman.com

This recipe serves four. RYAN SZULC, FROM ROSE REISMAN'S FAMILY FAVORITES (WHITECAP BOOKS)

Tortellini is a favourite for even the pickiest of children. The chicken gives them the protein they need, and most kids like pesto, especially if you add extra Parmesan cheese. Pack this for their lunches.

1. In a small, nonstick skillet lightly coated with cooking spray, add the chicken and sauté for 4 minutes per side or just until no longer pink. Let cool, then dice.

2. Meanwhile, boil tortellini for 8 minutes or until tender. Drain and place in a serving bowl.

3. Add the chicken, pesto and Parmesan cheese and toss well. ROSE REISMAN'S FAMILY FAVORITES (WHITECAP BOOKS) BY ROSE REISMAN

Ingredients

Total time: 20 minutes

- 4 oz boneless chicken breast (about 1 breast)
- 12 oz tortellini
- 1/3 cup pesto
- 2 tbsp grated Parmesan cheese

Nutritional analysis

Per serving

- 354 calories; 20 g protein; 41g carbohydrates; 1.8 fibre; 12 g fat; 4.9 g saturated fat; 56 mg cholesterol; 548 mg sodium

Healthy eating

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Before fall makes its debut this month, enjoy the coolest treat around. But be careful because it will cost you in calories and fat if you grab the wrong container and topping.

Haagen-Dazs Cookie Dough Dynamo (1 cup) with chocolate shell syrup (2 tbsp)

880 calories/ 58 g fat
This indulgence will clog arteries.

Equivalent

Aside from the more than half your daily calories and close to a day's worth of fat in the Haagen-Dazs ice cream, it is also equal in fat to 10 tablespoons of Nutella.

Breyers Reese's Peanut Butter Cup Chocolate frozen dessert (1 cup) with Smucker's syrup (2 tbsp)

440 calories/ 12 g fat

Zucchini Strip Salad. Pasta-like veggie makes this meal look, taste good

1. Using a vegetable peeler, peel zucchini into long strips and place in a large bowl. Add tomatoes and chicken.

2. In a small bowl, whisk together oil, vinegar, garlic, salt and pepper; add to salad and toss. Sprinkle goat cheese and basil over top and gently toss. Do not over mix or goat cheese may clump together. THE CANADIAN PRESS/ SOBEYS, SOBEYS.COM

Ingredients

- 2 medium zucchini
- 250 ml (1 cup) large tomatoes, cut in half or quarters
- 750 ml (3 cups) shredded ready-cooked barbecue chicken, skin removed
- 45 ml (3 tbsp) olive oil
- 30 ml (2 tbsp) balsamic vinegar
- 1 garlic clove, minced
- 1 ml (1/4 tsp) each salt and pepper
- 60 g (2 oz) goat cheese, crumbled
- 10 fresh basil leaves, roughly chopped

Spinach Gnocchi: An Italian take on eating your greens

1. Bring a large pot of salted water to a boil. Set a bowl of ice water nearby.

2. When the water boils, add the spinach and cook until it wilts and the stems become tender, 30 seconds to 2 minutes. Use a slotted spoon or strainer to transfer the spinach to the bowl of ice water (leave the pan of water at a boil). Once the spinach has cooled, lift it from the water, squeeze out any excess moisture, then chop very finely.

3. Wash the potatoes. Using the same water the spinach was cooked in, cook the potatoes until tender but not mushy, 30 to 40 minutes. Transfer the potatoes to a large bowl (leave the pan of water at a boil, adding more water if needed).

4. Mash the potatoes or put them through a food mill, then combine them with the spinach, salt, pepper and nutmeg. Add the flour a bit at a time, kneading with your hands, until the mixture is no longer extremely sticky (the amount of flour you add will depend on the potatoes). Not enough flour will make gnocchi that fall apart; too much will rob them of flavour. Once they stop sticking, add a little more flour and do a test run, then add more flour if necessary. Form the gnocchi, by hand, into inch-long oval shapes.

5. Cook the gnocchi about 6 at a time, lowering them into the water and removing them with a slotted spoon when they rise to the top, 2 to 3 minutes. Place the cooked gnocchi in a warm, shallow bowl and keep warm. When all the gnocchi are cooked, top them with tomato sauce and cheese, then serve.

THE ASSOCIATED PRESS/ MARK BITTMAN'S LEAFY GREENS, WILEY, 2012

Ingredients

- 10 oz fresh spinach, tough stems removed
- 3 or 4 medium potatoes
- Salt and ground black pepper, to taste
- Dash or tiny grating of nutmeg, about 1/16 tsp
- 1 cup all-purpose flour, approximately
- About 1 cup any light tomato sauce
- Freshly grated Parmesan cheese

This recipes serves four for lunch. MATTHEW MEAD/ THE ASSOCIATED PRESS

The In-Credibility Factor

Lauren Friese PROVIDED

Name: Lauren Friese
City: Toronto
Age: 29

THE IN-CREDIBILITY FACTOR
Teresa Kruze
life@metronews.ca

Friese graduated with an economics degree but couldn't find any online resources to help grads find work. Started TalentEgg in 2008 and now works with hundreds of companies and employs over 15 people.

I knew I was on my way when:
"I spent my first dollar on TalentEgg.

"I'm risk adverse so I knew the minute I put money into it I would have to make it back. We've literally helped millions of students and recent grads over the last few years transition from school to work by providing the access to employers and job info they didn't have before.

"We've just launched TalentEgg in the U.S. and one of the traits that defines me as an entrepreneur is to never accept success. We must always strive for more."

Action Plan

• "Seriously consider whether being an entrepreneur is the right path for you. For the right person it's the best job in the world but for the wrong person it could have long term financial consequences."

• "The best time to start a business is when you're young. The risk is lower, your opportunity cost is lower and there's a ton of support out there for young entrepreneurs."

• Ideas are the easy part, execution is everything. I've had countless people say they had the idea and I tell them "It wasn't my idea but it was ME that did it."

Stretch out your studies

Taking the long road. Set a study schedule early on to avoid cramming and procrastination

Sarah Gaikwad is a peer development facilitator at Ryerson, and oversees a program called FA-ST, which sees students helping fellow students succeed. CHRIS YOUNG/THE CANADIAN PRESS

Test-taking likely isn't front of mind for students just getting settled back into school routines following the summer vacation. But it's not too soon to start plotting plans to hit the books well before the first quiz or midterm pops up on the calendar.

Krista Bianco, manager of the Supported Learning Groups Program at the University of Guelph, says some students likely grew accustomed in high school to studying the night before a test and performing OK. They may be applying the same approach now that they've reached the post-secondary level, not yet aware they'll need to change.

FA-ST track to success

Sarah Gaikwad enrolled in the Facilitation Study Sessions (FA-ST) program, which targets courses that have low retention rates or in which a high portion of students perform poorly.

- Students who have successfully completed those same courses are trained as facilitators and lead sessions that take a collaborative approach to helping students review and understand the material.
- Since Supplemental Instruction originated in the U.S. in the 1970s, the academic support model has been steadily establishing a presence in Canada, with comparable programs in place at schools across the country.

For many students heading to college or university straight from high school, they'll likely be balancing a heavier workload in a compressed semester. It will be the first time away from home for many, and with that, their first test at managing their own time without having teachers checking up on them to ensure they've attended classes or submitted homework, she notes.

"I think for a lot of reasons that overwhelmed feeling comes along and they just don't yet have an understanding of what it is they need to do and how they need to change to meet the demands of university or college-level learning."

University of British Columbia psychology instructor Catherine Rawn leads a course featuring topics she's handpicked in the hope of helping students become improved and lifelong learners. Goal-setting, motivation and self-control are among the subjects the class covers.

Students have also teamed up on assignments that explore learning challenges, like testing anxiety. Procrastination is a topic that has arisen in discussions, she says.

In a cram jam?

You get worse at deep thinking in any one sitting, so trying to study for six or eight or 12 hours at a time isn't going to work.
Catherine Rawn
Psychology instructor

"This conversation comes up when we look at self-control and the fact that we have a limited supply of it. As you use more effort, and try to get yourself to do things like sit and study and focus, you have a diminishing supply," says Rawn.

"You get worse at deep thinking in any one sitting, so trying to study for six, eight or 12 hours at a time isn't going to work. We just don't have the ability as humans to be able to do that. So if that's their study strategy — to rely on their bodies and minds to be alert for 12 hours — that's not going to work."

Rawn suggests students create schedules which allow them to space out their studies and review course material during designated times. They should also be building their study notes as they go through their courses and making sure they're doing the readings well in advance of exams, she notes.

As if coping with the rigours of readings, tests and essays weren't tough enough, students are likely also juggling a host of other demands on their time, such as part-time jobs or extracurricular activities.

It may be challenging for some to see how to squeeze more study time into an already stacked day, but Rawn says this is the precise reason a schedule is so crucial.

"When three o'clock comes around it's not, 'Hmm, what do I do now? I really want to take a nap,' or 'I really want to check my email.' Nope, it's already decided this is what I'm doing. 'I'm going to read this chapter.' And then it gets done."

THE CANADIAN PRESS

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Canada's king of 'za offers a slice of advice

Success in writing. Award-winning businessman Jim Treliving dishes to Metro about Decisions, delivering at work and not over-doughing it

ELIZABETH BEDDALL
life@metronews.ca

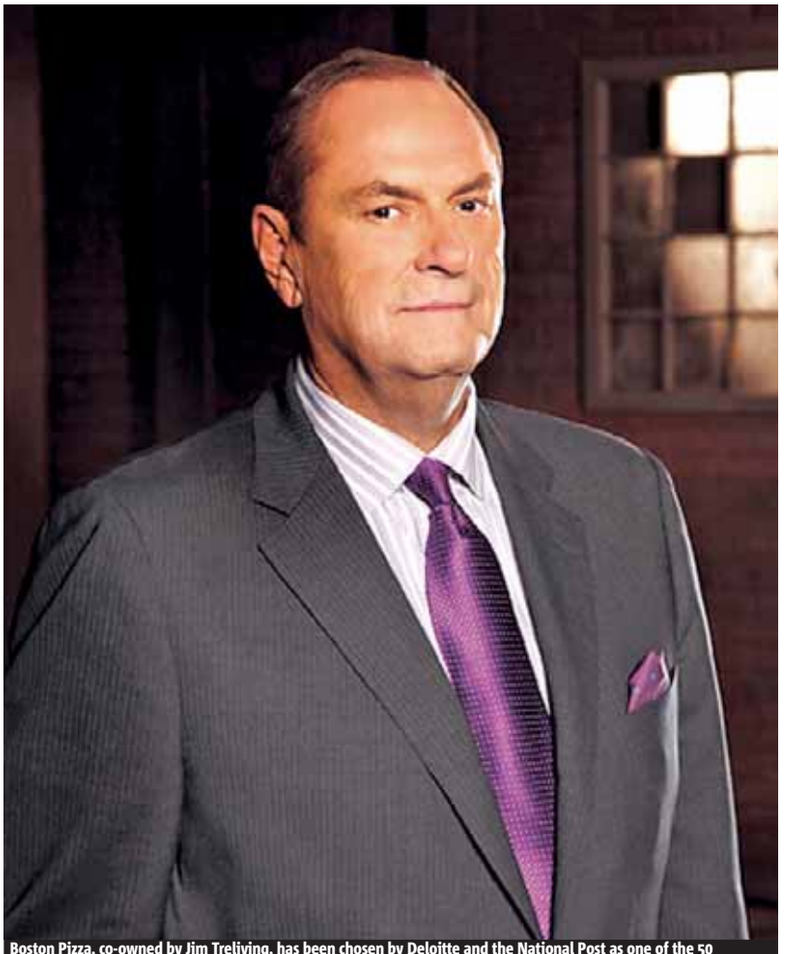
Jim Treliving calls a simple visit to a Boston Pizza as a young RCMP officer the "smallest big decision" of his life.

The visit inspired Treliving to open his own Boston Pizza franchise in Penticton, B.C., and to eventually become co-owner of the award-winning business, which boasts more than $1 billion in annual sales.

In his new book Decisions, the Dragon's Den star lets a few of his secrets slip to up-and-coming business folk.

If you could offer one piece of advice to an aspiring entrepreneur, what would it be?
If I can offer just one suggestion to aspiring entrepreneurs it would be: understand the critical financial numbers of your business or find someone you trust who can help to you do that. Too many small entrepreneurs that I meet these days are focused on products, sales and operations without putting the time in to analyze and manage the key financial figures. I was certainly like that when I started the first Boston Pizza franchise many years ago, but luckily for me I quickly found a partner who is an accountant and can understand and manage the financial side of our businesses. Without that key component, even great business ideas will not get off the ground.

Wrong decisions are inevitable in any power position — so what is the best way to bounce back?
You are absolutely right. Wrong decisions do happen and it is important to recognize when they happen and to be prepared to admit when you have made a mistake and make things right. Nobody bats 1,000 on making decisions, so there is no shame is saying "That was a mistake, let's find a way to fix this now". The key is to recognize the problem early and have a plan to address it.



Boston Pizza, co-owned by Jim Treliving, has been chosen by Deloitte and the National Post as one of the 50 best-managed companies every year since 1994. GREG PAUPST/CBC

What are, in your opinion, the key reasons Boston Pizza has been recognized as one of Canada's top best-managed companies for over 18 years?
We are very proud that Boston Pizza has been selected to the Platinum Club of Canada's 50 best-managed companies and also recognized as one of Canada's top 10 most admired corporate cultures. These awards come first and foremost because of our financial success. Let's face it, if we did not have a track record of excellent sales growth and successful new restaurant openings, then we would not be considered for any awards, and rightly so. The second reason for me is simple – our people. We have a great management team, an amazing franchise community and almost 20,000 restaurant staff coast-to-coast who represent our brand incredibly well every day.

What is a right decision, and a wrong decision, that one can make when ordering a pizza pie?
Wow, that's a good one! It is hard to go wrong with pizza I guess.

I have a favourite at Boston Pizza called The Great White North with mozzarella, cheddar and smoked ham. I like to order it with fresh sliced tomatoes on top. Yum! I am usually pretty traditional with my pizza toppings but I also like to mix it up occasionally with the new ingredients that we have these days like hot peppers, BBQ chicken and pomodoro sauce. We even have a Szechuan pizza on the menu now! I guess that the only wrong decision that you can make when ordering a pizza is to not order enough. No one wants to see a big fight for that last slice!

Paying it forward

Jim Treliving is donating royalties from his book Decisions to two Canadian charities he says are very important to him.

"The first one is the Centre for Addiction and Mental Health in Toronto. This is an organization that my wife Sandi and I have been personally involved with for some time and we strongly support the important work that they do and we want to help out in any way we can."

"The second charity that will be receiving royalties from the book is the Trans Canada Trail initiative that aims to complete the longest connected recreational infrastructure in the world, linking 34 million Canadians, 1,000 communities and over 23,000 kilometres of urban, rural and wilderness trail."

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Women taking women under their work wing?

Girl power. Ladies can be powerful mentors to their female co-workers, but how often is that really happening?

JULIA WEST
Metro World News in Philadelphia

"Women help women in the workplace in myriad ways," proclaims Teresa Currier, chair of Saul Ewing LLC's Women's Development Initiative. "First, the mere presence of other professional women helps younger women making their way up, because a strong population of women silently stands for the proposition of inclusion in one of its many forms."

It's difficult to say if this thought reflects what's really happening in the workplace. Of course, we hope it's accurate, but a recent poll by LinkedIn found that 51 per cent of women surveyed between the ages of 18 and 29 said that they have not been mentored by female colleagues. Of the women questioned, 67 per cent of those who aren't mentoring others said the reason is because they haven't been asked to mentor anyone.

While it's hard not to get discouraged by these numbers, it's important to remember a couple of things. First, each situation is circumstantial.

Brittany Sykes, senior account executive at Teszler PR, Inc., recalls when her supervisor, Barbara Teszler, helped her advance in her career.

"After interning (for Teszler), I was offered a trial run for a position and ultimately became a publicist," says Sykes. "(Teszler) left the company to start her own and because she loved the work I did for her, I followed her a few months later. We now work together, bouncing ideas off of each other every day and constantly bringing in new business."

Aside from the numbers, the LinkedIn survey tells us something very insightful: Women aren't asking to be mentored.

"We're all in this together," Currier reminds us. "Women today know that, and act upon it." If we look up to other women in the workplace, the study suggests we need to start asking them to help us in our own careers.

Career connections

"...Because she loved the work I did for her, I followed her a few months later. We now work together, bouncing ideas off of each other every day and constantly bringing in new business."

Brittany Sykes
Senior account executive at Teszler PR, Inc. on her supervisor, Barbara Teszler

Just because she hasn't asked for a mentor doesn't mean she doesn't want one. ISTOCK

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- Bilingual Receptionist - Temporary - $12-$15/hr
- Bilingual Accounting Clerk - Temporary - $12-$17/hr
- Receptionist and Clerical Support Permanent - $28K-$32K
- Data Entry - Temporary - $11-$14/hr

Contact Centre and Customer Service

- Bilingual Call Centre Agent Temporary to Permanent - $12-$17/hr
- Technical Support Agent (English-Spanish, English-French, & Trilingual) Temporary - $15/hr
- Bilingual Outbound Telefunraiser - Temporary - $12/hr
- Bilingual Technical Support - Permanent - $16.50/hr
- Bilingual Trade Representative - Permanent - $40K
- Bilingual Office/Filing Clerk Temporary to Permanent - $12/hr
- Bilingual Monitoring Operator Temporary to Permanent - $12.50-$14/hr

Industrial Support

- Quality Control - Permanent - $13-$15/hr
- Shipping and Receiving - $13-$15/hr
- Assembly - Temporary - $10.25-$13/hr
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A little longer in the tooth, a little longer in the position

Extra years count.
New study shows older workers are more sturdy and better at collaborating

BRUCE WALSH
Metro World News in Philadelphia

Perhaps the most comprehensive study on employees 45 years of age and older was released last Friday, and the findings will likely provide a boost of confidence to older workers.

Mid and Late Life Career Issues: An Integrative Perspective is authored by researchers from the University of Florida, the University of La Verne and Cal State San Bernardino. It contains a bounty of new quantitative data, with first-hand employee interviews and a thorough analysis of existing research.

The study suggests that older workers tend to be better collaborators than their younger counterparts. Moreover, they typically handle negative workplace emotions in a more constructive way.

"This is the kind of message that needs to get out!" declares Kerry Hannon, the author of Great Jobs for Everyone 50 plus and the AARP Jobs Expert. People get so twisted around about hiring older workers," she continues.

"With experience, we (older workers) have gone through a lot of different cycles in the economy. So, when something happens like a layoff, we're a lot more adaptable. We won't get thrown off the porch."

Lead researcher Dr. Mo Wang stresses that little serious research exists on this subject, and that most of their findings are simply suggestions for further investigation. But when it comes to performance evaluations, he sees pervasive distinctions between old and young employees, and these results may not feel so flattering to the more mature.

"Older workers want to maintain a positive standing in their supervisor's eyes, while younger workers mainly focus on learning from the feedback," says Wang.

"It seems to be the emotional experience that older people are more focused on. They value the relationship. Younger workers value the knowledge."

He's seen a heck of a lot, so he's ready to handle it. ISTOCK

An old worker's tale

Myth busting

- A critical take-away from the new study, Mid and Late Life Career Issues: researchers found no substance to the widespread claim that older workers are harder to train for new positions, jobs and tasks.

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MLB

Jays' sweep in Boston puts Sox in AL East cellar

Omar Vizquel hit a pair of sacrifice flies, including one in the ninth inning that lifted the Toronto Blue Jays over the free-falling Boston Red Sox 4-3 on Sunday.

Toronto entered the series in last place in the American League East, but left Fenway Park two games ahead of the Red Sox. The Blue Jays have won four straight overall and six in a row against Boston.

Jacoby Ellsbury and Dustin Pedroia homered for the Red Sox, who have lost four in a row and 10 of 11. THE ASSOCIATED PRESS

Omar Vizquel celebrates with his Jays teammates on Sunday in Boston. GETTY IMAGES

Golf

McIlroy continues to dominate field

Rory McIlroy beat the strongest leaderboard in golf this year Sunday in the BMW Championship and joined some elite company.

McIlroy made back-to-back birdies around the turn to seize control at Crooked Stick in Carmel, Ind. He closed with a 5-under 67 for a two-shot win over Phil Mickelson and Lee Westwood.

McIlroy became the first player since Tiger Woods in 2009 to win in consecutive weeks on the PGA Tour, and with his sixth career win joined Woods and Jack Nicklaus as the only players to win at least six times at age 23. THE ASSOCIATED PRESS

Tennis

"Won the US Open Jr title today! 6-2 2-6 7-5. So happy to finish my junior career this way. This week has definitely been #beastmode."

Vancouver's Filip Peliwo, who took to Twitter after beating Britain's Liam Broady 6-2, 2-6, 7-5 in the boys' final at the U.S. Open on Sunday. Peliwo ended his junior career at Flushing Meadows by winning his second junior Grand Slam title of 2012.

The Jets' Tim Tebow scrambles during the season opener against the Buffalo Bills on Sunday in East Rutherford, N.J. JEFF ZELEVANSKY/GETTY IMAGES

Bills stunned by Jets' tightrope act

NFL. Lots of Sanchez, a little Tebow help New York to rout of Buffalo

One touchdown after another, the New York Jets eased all those pre-season concerns about their low-scoring offence.

With a whole lot of Mark Sanchez, a sprinkling of Tim Tebow and a dominant first-half effort by the defence, New York manhandled the Buffalo Bills, routing their AFC East rivals 48-28 in the season opener Sunday.

Rex Ryan passed on a chance to say, "We told you so" to his team's critics and doubters. So did Sanchez, and Tebow, too.

"Vindication, chip on our shoulder, maybe that's not the right things," Ryan said. "We were just excited to play."

And, they looked it.

Sanchez threw three touchdown passes, including two to rookie Stephen Hill, Jeremy Kerley had a touchdown catch and a punt return for a score, and Antonio Cromartie took one of New York's three interceptions of Ryan Fitzpatrick to the end zone.

"It's a great win, there's no doubt about it," Sanchez said. "But, we've got lots of work to do."

That's from a team — labelled by some a "circus" for its penchant for making off-season headlines, namely acquiring Tebow — that had many wondering what to expect after the first-team offence failed to score a touchdown in the first three games of the pre-season.

"It looked like we were making up for lost time there," Sanchez said.

Added Kerley: "We knew what we could do. We just showed the world today."

The Jets set the franchise mark for most points in a season opener on Shonn Greene's late one-yard scoring run.

"He definitely turned it on today," Kerley said of Sanchez. "I think there's always a big target on Mark's back and I think he likes it. He's a guy we trust and know what he's capable of each week, and he showed it today."

Sanchez had the offence humming along so well, the fans at MetLife Stadium actually booed Tebow when he failed to gain a yard when he took a direct snap in the second quarter. THE ASSOCIATED PRESS

Sunday's game

Jets	Bills
48	28

Quoted

"We're not running around like the sky is falling."

Bills head coach Chan Gaily

Top rookie debut

Washington stuns New Orleans on back of RG3's 2 TDs

Robert Griffin III began his NFL career by connecting on 19 of 26 passes for 320 yards and two touchdowns, and the Washington Redskins handed the Saints a 40-32 loss in their first game since the bounty scandal that overshadowed New Orleans' off-season.

Griffin completed his first eight passes, including an 88-yard touchdown pass to Pierre Garcon, tying for the second-longest scoring pass by a QB making his NFL debut.

Rookie running back Alfred Morris rushed for 96 yards and two TDs. Aldrick Robinson, making his debut, had a TD among four receptions for 52 yards. THE ASSOCIATED PRESS

Top rookie debut

Bears hold Colts' Luck in check in first taste of regular season action

The Chicago Bears spoiled Andrew Luck's debut, beating the Indianapolis Colts 41-21 Sunday in the season opener.

The Colts' No.1 pick was 23 of 45 for 309 yards with a four-yard touchdown pass to Donnie Avery early in the fourth in a 41-21 loss to the Chicago Bears on Sunday.

But Luck also got picked off three times — twice by Tim Jennings — in an up-and-down start for a rookie with huge shoes to fill.

All he has to do is prove the Colts were right to take him with the No. 1 pick in the draft and part with Peyton Manning after he missed last season with a neck injury. THE ASSOCIATED PRESS

4 SPORTS

Mobile sports

Alex Zanardi has had plenty to celebrate at the Paralympics after winning two gold medals in paracycling. And as the Paralympics came to a close on Sunday night, the former Formula One driver who lost his legs in a horrific 2001 crash had a chance to reflect on 'the process' of becoming a champion again. Scan the code for the story.

Serena comes through in clutch in U.S. Open final

Tennis. Williams rallies to beat Azarenka for fourth title at Flushing Meadows and 15th Grand Slam title

Serena Williams poses with the U.S. Open championship trophy on Sunday in New York. AL BELLO/GETTY IMAGES

Finally tested, even trailing, at the U.S. Open, Serena Williams turned things around just in time.

Two points from defeat, Williams suddenly regained her composure and her strokes, coming back to win the last four games and beat top-ranked Victoria Azarenka 6-2, 2-6, 7-5 on Sunday night for her fourth championship at Flushing Meadows and 15th Grand Slam title overall.

"I honestly can't believe I won. I really was preparing my runner-up speech, because I thought, 'Man, she's playing so great," Williams said during the trophy presentation after the two-hour, 18-minute match, adding: "I'm really shocked."

Might be the only one.

After all, what really was stunning was that Azarenka made things as interesting as they were, given that she came into the day 1-9 against Williams over their careers.

Add in that Williams hadn't dropped a set in the tournament, losing only 19 games through six matches before Sunday. All part of a tremendous run she is putting together in reaction to her loss at the French Open in late May, the American's only first-round exit in 49 career major tournaments. Since then, she is 26-1, winning Wimbledon and the London Olympics.

By the numbers

2002

Serena Williams became the first woman to win Wimbledon and the U.S. Open in the same season since a decade ago when — yes, that's right — she did it.

There hadn't been a three-set women's final in New York since 1995, and Williams came through with a late charge.

"Serena deserves the win. She showed how true of a champion she is," said Azarenka, who managed only 13 winners, 31 fewer than Williams. "I definitely gave it all today. Stepping out of this court today, I will have no regrets."

Azarenka hadn't dropped a three-set match all season until Sunday, going 12-0 in matches that went the distance, including victories over defending U.S. Open champion Sam Stosur in the quarter-finals and 2006 champion Maria Sharapova in the semifinals. THE ASSOCIATED PRESS

Tennis

No raining on Djokovic's parade to U.S. Open final

The weather was much better at the U.S. Open on Sunday. So was Novak Djokovic.

Under a cloudless blue sky, in only a hint of wind, defending champion Djokovic got his game into high gear and reached his third consecutive final at Flushing Meadows by beating fourth-seeded David Ferrer of Spain 2-6, 6-1, 6-4, 6-2 in a match suspended a day earlier.

"I was a different player," the second-seeded Djokovic said. "I felt much more comfortable on the court today than I did yesterday, (when) obviously the conditions were more brutal." THE ASSOCIATED PRESS

Novak Djokovic celebrates his U.S. Open semifinal win over David Ferrer on Sunday. THE ASSOCIATED PRESS

Canadian Paralympic archer Lyne Tremblay poses with performers during the closing ceremony on Sunday in London. PETER MACDIARMID/GETTY IMAGES

Canadian athletes soaked up spotlight in London

Canada's athletes feel Paralympic sport hit a new level of recognition and respect in London.

Whether that spotlight extends to Canada when they go home after Sunday's closing ceremonies of the Paralympic Games is debatable.

But the Canadians have enjoyed their status as the top show in London. And that's with the Premier League soccer season opening just prior to the Games.

Ticket sales, television ratings and anecdotal information from the athletes themselves indicate the host city embraced the Paralympic Games like none before it.

The 80,000-seat Olympic Stadium was full for track and field finals. The velodrome was ear-splitting, particularly when a British cyclist was on the track. The swimming pool stands had people in them all the way to the top row.

"What's new about these Games is the popularity of the events," four-time Paralympic swimmer Benoit Huot said. "Sold out for heats, sold out for finals.

Fireworks light up the Olympic Stadium during the closing ceremony of the Paralympic Games Sunday in London, England. JULIAN FINNEY/GETTY IMAGES

Quoted

"It's been a great journey, my fourth Games. I'm really proud of what I've done here in London."

Montreal swimmer Benoit Huot, who carried the Canadian flag as part of the closing ceremony. Huot won three medals in the pool in London: a gold, silver and bronze.

"We've never seen that. In Sydney, Athens and Beijing, in the heats it wasn't sold out. There were people, but it was mostly summer camps or kids from schools. Here, it's public that bought tickets and that's a first."

The Paralympics gave Londoners an opportunity to soak up more high-calibre athletics after the Olympic Games. The Paralympic movement already had traction in Britain because the country is considered the birthplace of the Games. THE CANADIAN PRESS

Medals

- The stated objective of a top-eight finish in gold medals won at the 2012 Paralympic Games proved too ambitious for Canada.
- Seven gold medals was well below the 19 won four years ago in Beijing. Canada ranked 20th among 166 countries with 31 total medals.

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MLB

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
New York	79	61	.564	—
Baltimore	78	62	.557	1
Tampa Bay	77	63	.550	2
Toronto	64	75	.460	14½
Boston	63	78	.447	16½

CENTRAL DIVISION

	W	L	Pct	GB
Chicago	75	64	.540	—
Detroit	73	66	.525	2
Kansas City	63	77	.450	12½
Cleveland	59	81	.421	16½
Minnesota	58	82	.414	17½

WEST DIVISION

	W	L	Pct	GB
Texas	83	57	.593	—
Oakland	79	60	.568	3½
Los Angeles	77	63	.550	6
Seattle	67	74	.475	16½

Sunday's results
N.Y. Yankees 13, Baltimore 3
Toronto 4, Boston 3
Tampa Bay 6, Texas 0
Minnesota 8, Cleveland 7
Kansas City 2, Chicago White Sox 1, 10 innings
L.A. Angels 3, Detroit 2
Oakland 4, Seattle 2

Saturday's results
Chicago White Sox 5, Kansas City 4
Baltimore 5, N.Y. Yankees 4
Minnesota 3, Cleveland 0
Texas 4, Tampa Bay 2, 10 innings
Toronto 9, Boston 2
L.A. Angels 6, Detroit 1
Oakland 6, Seattle 1

Monday's games
All Times Eastern
Cleveland (Masterson 11-12) at Minnesota (Deduno 5-3), 8:10 p.m.
Detroit (Porcello 9-11) at Chicago White Sox (Quintana 5-4), 8:10 p.m.
Oakland (J.Parker 9-8) at L.A. Angels (Haren 10-10), 10:05 p.m.

Tuesday's Games
Tampa Bay at Baltimore, 7:05 p.m.
Seattle at Toronto, 7:07 p.m.
N.Y. Yankees at Boston, 7:10 p.m.
Cleveland at Texas, 8:05 p.m.
Detroit at Chicago White Sox, 8:10 p.m.
Kansas City at Minnesota, 8:10 p.m.
Oakland at L.A. Angels, 10:05 p.m.

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
Washington	86	54	.614	—
Atlanta	81	60	.574	5½
Philadelphia	68	71	.489	17½
New York	65	75	.464	21
Miami	63	78	.447	23½

CENTRAL DIVISION

	W	L	Pct	GB
Cincinnati	84	57	.596	—
St. Louis	75	65	.536	8½
Pittsburgh	72	67	.518	11
Milwaukee	69	71	.493	14½
Chicago	54	86	.386	29½
Houston	44	96	.314	39½

WEST DIVISION

	W	L	Pct	GB
San Francisco	78	61	.561	—
Los Angeles	74	66	.529	4½
Arizona	69	72	.489	10
San Diego	66	75	.468	13
Colorado	56	82	.406	21½

Sunday's results
Philadelphia 3, Colorado 2, 1st game
Atlanta 3, N.Y. Mets 2, 10 innings
Houston 5, Cincinnati 1
Chicago Cubs 4, Pittsburgh 2
Miami 8, Washington 0
St. Louis 5, Milwaukee 4, 10 innings
San Diego 8, Arizona 2
Colorado at Philadelphia
L.A. Dodgers at San Francisco

Saturday's results
Washington 7, Miami 6, 10 innings
Atlanta 11, N.Y. Mets 3
L.A. Dodgers 3, San Francisco 2
Chicago Cubs 4, Pittsburgh 3
Colorado at Philadelphia, ppd., rain
Cincinnati 5, Houston 1
Milwaukee 6, St. Louis 3
Arizona 8, San Diego 5

Monday's games
All Times Eastern
Miami (LeBlanc 2-3) at Philadelphia (K.Kendrick 8-10), 7:05 p.m.
Pittsburgh (W.Rodriguez 10-13) at Cincinnati (Latos 12-4), 7:10 p.m.
Washington (G.Gonzalez 18-7) at N.Y. Mets (McHugh 0-1), 7:10 p.m.
Chicago Cubs (Volstad 2-10) at Houston (Keuchel 1-7), 8:05 p.m.
Atlanta (Minor 8-10) at Milwaukee (W.Peralta 1-0), 8:10 p.m.
San Francisco (Vogelsong 12-7) at Colorado (White 2-8), 8:40 p.m.
St. Louis (J.Garcia 4-6) at San Diego (Stults 5-2), 10:05 p.m.

Tuesday's Games
Miami at Philadelphia, 7:05 p.m.
Pittsburgh at Cincinnati, 7:10 p.m.
Washington at N.Y. Mets, 7:10 p.m.
Chicago Cubs at Houston, 8:05 p.m.
Atlanta at Milwaukee, 8:10 p.m.
San Francisco at Colorado, 8:40 p.m.
L.A. Dodgers at Arizona, 9:40 p.m.
St. Louis at San Diego, 10:05 p.m.

BLUE JAYS 4, RED SOX 3

Toronto	ab	r	h	bi	Boston	ab	r	h	bi
Lawrie 3b	5	0	1	0	Kalish rf	2	0	1	0
Rasms cf	3	0	0	0	Nava ph-rf	1	0	0	0
Encrnc dh	3	0	0	0	Pdsdnk lf	3	0	0	0
Lind 1b	4	0	0	0	Pedroia 2b	4	1	2	1
RDavis lf	3	2	2	0	Loney 1b	4	0	1	0
Gose rf	4	1	2	0	DeJess pr	0	0	0	0
Mathis c	3	1	1	1	C.Ross dh	3	1	2	0
KJhnsn ph	0	0	0	0	Ellsury cf	4	1	1	2
Torreal c	0	0	0	0	Aviles ss	4	0	0	0
Vizquel 2b	2	0	0	2	Lvrnwy c	3	0	1	0
Hchvrr ss	3	0	1	1	Ciriaco 3b	3	0	0	0
Totals	**30**	**4**	**7**	**4**	**Totals**		**31**	**3**	**8**	**3**
Toronto					**000 300 001**				**4**
Boston					**020 001 000**				**3**

DP—Toronto 2. LOB—Toronto 6, Boston 4. 2B—C.Ross (30), Lavarnway (4). HR—Pedroia (14), Ellsbury (3). SB—R.Davis (41), Gose (14), K.Johnson (11). S—Rasmus, Podsednik. SF—Vizquel 2.

	IP	H	R	ER	BB	SO
Toronto						
Villanueva	6	7	3	3	2	2
Delabar	1	0	0	0	0	1
Loup	2-3	0	0	0	0	0
Lyon W,2-0	1-3	0	0	0	0	0
Janssen S,20-23	1	1	0	0	0	1
Boston						
Buchholz L,11-6	8 2-3	7	4	4	3	4
Tazawa	1-3	0	0	0	1	1

Umpires—Home, Clint Fagan; First, Chris Guccione; Second, Jeff Nelson; Third, Bill Welke. T—3:03. A—37,226 (37,067).

TRANSACTIONS

MLB

AMERICAN LEAGUE

BOSTON — Activated OF Daniel Nava from the 15-day DL.
CLEVELAND — Activated INF Lonnie Chisenhall from the 60-day DL. Transferred RHP Josh Tomlin from the 15- to 60-day DL.
N.Y. YANKEES — Activated RHP Ivan Nova from the 15-day DL.

NFL

HOUSTON — Signed QB Matt Schaub to a four-year contract extension and DE Tim Jamison to a two-year contract extension.

WHL

VICTORIA — Waived F Mike Forsyth and G Keith Hamilton. Released F Clay Spencer.

CIS

WEEK TWO

Saturday's results
Acadia 21 Saint Mary's 16
Guelph 28 Windsor 9
Laval 28 Bishop's 22
Manitoba 31 Saskatchewan 28
McMaster 68 Waterloo 21
Queen's 42 Wilfrid Laurier 16
Western Ontario 62 Toronto 7
York 47 Ottawa 36

Friday's results
Calgary 65 Alberta 6
Montreal 48 Concordia 10
Regina 49 British Columbia 20
Sherbrooke 46 McGill 14
St. Francis Xavier 51 Mount Allison 5

CYCLING

SPANISH VUELTA

At Madrid
Final stage
(a 114.3-kilometre ride from Cercedilla into and around Madrid):
1. John Degenkolb, Germany, Argos-Shimano, two hours, 44 minutes, 57 seconds; 2. Elia Viviani, Italy, Liquigas-Cannondale, same time; 3. Daniele Bennati, Italy, RadioShack-Nissan, s.t.; 4. Allan Davis, Australia, Orica Greenedge, s.t.; 5. Koldo Fernandez, Spain, Garmin-Sharp, s.t.

FINAL STANDINGS
1. Alberto Contador, Spain, SaxoBank, 84 hours, 59 minutes, 49 seconds; 2. Alejandro Valverde, Spain, Movistar, 1:16 behind; 3. Joaquin Rodriguez, Spain, Katusha, 1:37; 4. Christopher Froome, Britain, Team Sky, 10:16; 5. Daniel Moreno, Spain, Katusha, 11:29.

GOLF

PGA BMW CHAMPIONSHIP

At Carmel, Ind.
Par 72 (36-36)
Final Round

Rory McIlroy, $1,440,000	64-68-69-67—268
Phil Mickelson, $704,000	69-67-64-70—270
Lee Westwood, $704,000	68-65-68-69—270
Robert Garrigus, $352,000	67-69-66-69—271
Tiger Woods, $352,000	65-67-71-68—271
Dustin Johnson, $278,000	68-67-67-70—272
Adam Scott, $278,000	68-68-66-70—272
Vijay Singh, $248,000	65-66-69-73—273
Jim Furyk, $232,000	69-70-67-68—274
Ryan Moore, $208,000	66-66-73-70—275
Bo Van Pelt, $208,000	64-69-71-71—275
Zach Johnson, $162,000	67-69-68-72—276
Chris Kirk, $162,000	68-68-69-71—276
Ian Poulter, $162,000	68-68-69-71—276
Bubba Watson, $162,000	69-71-71-65—276
Greg Chalmers, $108,600	74-70-68-66—278
Tom Gillis, $108,600	69-67-73-69—278
Padraig Harrington, $108,600	70-65-70-73—278
John Huh, $108,600	70-66-73-69—278
Troy Matteson, $108,600	70-66-71-71—278
Seung-Yul Noh, $108,600	68-66-73-71—278
Louis Oosthuizen, $108,600	68-69-68-73—278
Justin Rose, $108,600	67-70-70-71—278
Ben Curtis, $73,600	70-69-68-72—279
Sergio Garcia, $73,600	69-69-71-70—279
Kevin Na, $62,800	72-71-68-69—280
Steve Stricker, $62,800	68-73-68-71—280
Brendon de Jonge, $53,200	71-66-71-73—281
Luke Donald, $53,200	66-72-72-71—281
Jason Dufner, $53,200	72-67-73-69—281
Ernie Els, $53,200	68-71-69-73—281
Geoff Ogilvy, $53,200	68-71-74-68—281
Charl Schwartzel, $53,200	69-68-72-72—281
J.B. Holmes, $43,200	70-74-67-71—282
Graeme McDowell, $43,200	68-67-69-78—282
Kyle Stanley, $43,200	68-70-69-75—282
Graham DeLaet, $36,800	**64-70-74-75—283**
Bob Estes, $36,800	71-69-71-72—283
Scott Piercy, $36,800	72-71-72-68—283
Brandt Snedeker, $36,800	69-69-71-74—283
Ben Crane, $30,400	67-71-74-72—284
Rickie Fowler, $30,400	67-70-73-74—284
Brian Harman, $30,400	73-69-70-72—284
Charlie Wi, $30,400	70-72-72-70—284
Bill Haas, $22,880	71-64-72-78—285
Ryan Palmer, $22,880	66-73-73-73—285
Pat Perez, $22,880	72-72-67-74—285
Kevin Stadler, $22,880	69-73-73-70—285
Johnson Wagner, $22,880	70-71-72-72—285
Nick Watney, $22,880	70-69-72-74—285
Jeff Overton, $19,253	74-72-67-73—286
Matt Every, $19,253	68-71-71-76—286
Webb Simpson, $19,253	64-75-73-74—286
Charley Hoffman, $18,480	75-72-69-71—287
Matt Kuchar, $18,480	69-73-72-73—287
Bud Cauley, $18,080	69-72-74-73—288
D.A. Points, $18,080	74-71-68-75—288
John Senden, $18,080	70-69-76-73—288
Keegan Bradley, $17,600	71-70-75-73—289
Tim Clark, $17,600	71-71-73-74—289
Dicky Pride, $17,600	76-71-71-71—289
Also	
David Hearn, $16,720	**69-70-77-76—292**

EUROPEAN PGA KLM OPEN

At Hilversum, Netherlands
Par 70
Final Round

Peter Hanson	66-66-67-67—266
Pablo Larrazabal	69-65-64-70—268
Richie Ramsay	71-66-64-67—268
Scott Jamieson	68-64-66-71—269
Henrik Stenson	68-70-64-69—271
Graeme Storm	63-66-69-73—271
Gonzalo Fernandez-Castano	67-65-66-73—271
Gregory Bourdy	69-68-69-66—272
Richard Sterne	70-68-66-68—272
Nicolas Colsaerts	70-65-67-70—272
Anders Hansen	70-67-68-67—272
Richard Finch	70-69-70-64—273
Marc Warren	69-71-66-67—273
Bradley Dredge	69-66-70-68—273
Marcus Fraser	69-68-66-70—273
Bernd Wiesberger	68-71-65-69—273
Richard S Johnson	70-67-69-68—274
Richard Bland	67-72-67-68—274
Tommy Fleetwood	67-73-66-68—274
Lorenzo Gagli	69-67-67-71—274

CFL

WEEK 11

EAST DIVISION

	GP	W	L	T	PF	PA	Pt
Toronto	10	6	4	0	255	253	12
Montreal	10	6	4	0	273	310	12
Hamilton	10	3	7	0	297	339	6
Winnipeg	10	2	8	0	200	321	4

WEST DIVISION

	GP	W	L	T	PF	PA	Pt
B.C.	10	7	3	0	270	181	14
Calgary	10	6	4	0	268	254	12
Saskatchewan	10	5	5	0	267	206	10
Edmonton	10	5	5	0	239	205	10

Sunday's result
Saskatchewan 25 Winnipeg 24

Saturday's results
B.C. 43 Montreal 10
Toronto 45 Hamilton 31

Friday's result
Calgary 20 Edmonton 18

WEEK 12
Friday, Sept. 14
Winnipeg at Calgary, 9 p.m.
Saturday, Sept. 15
Edmonton at Hamilton, 3 p.m.
Toronto at B.C., 7 p.m.
Sunday, Sept. 16
Saskatchewan at Montreal, 1 p.m.

NFL

WEEK ONE

Sunday's results
Chicago 41, Indianapolis 21
Minnesota 26, Jacksonville 23, OT
Houston 30, Miami 10
New England 34, Tennessee 13
Washington 40, New Orleans 32
Atlanta 40, Kansas City 24
N.Y. Jets 48, Buffalo 28
Detroit 27, St. Louis 23
Philadelphia 17, Cleveland 16
Arizona 20, Seattle 16
San Francisco 30, Green Bay 22
Tampa Bay 16, Carolina 10
Pittsburgh at Denver

Wednesday's result
Dallas 24 N.Y. Giants 17

Monday's games
Cincinnati at Baltimore, 7 p.m.
San Diego at Oakland, 10:15 p.m.

WEEK TWO
Thursday, Sep. 13
Chicago at Green Bay, 8:20 p.m.
Sunday, Sep. 16
Tampa Bay at N.Y. Giants, 1 p.m.
New Orleans at Carolina, 1 p.m.
Arizona at New England, 1 p.m.
Minnesota at Indianapolis, 1 p.m.
Baltimore at Philadelphia, 1 p.m.
Kansas City at Buffalo, 1 p.m.
Cleveland at Cincinnati, 1 p.m.
Houston at Jacksonville, 1 p.m.
Oakland at Miami, 1 p.m.
Dallas at Seattle, 4:05 p.m.
Washington at St. Louis, 4:05 p.m.
Tennessee at San Diego, 4:25 p.m.
N.Y. Jets at Pittsburgh, 4:25 p.m.
Detroit at San Francisco, 8:20 p.m.
Monday, Sep. 17
Denver at Atlanta, 8:30 p.m.

SOCCER

MLS

EASTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
Kansas City	27	15	7	5	34	24	50
New York	26	13	7	7	46	39	46
Houston	28	12	7	9	40	33	45
Chicago	26	13	8	5	35	31	44
Columbus	27	12	9	6	33	32	42
D.C. United	27	12	10	5	43	38	41
Montreal	29	12	14	3	43	46	39
New England	28	7	14	7	35	38	28
Philadelphia	25	7	13	5	25	30	26
Toronto	27	5	16	6	30	48	21

WESTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
x-San Jose	27	16	6	5	56	33	53
Seattle	27	13	6	8	43	28	47
Real Salt Lake	29	14	11	4	38	32	46
Los Angeles	28	13	11	4	48	40	43
Vancouver	28	10	11	7	29	37	37
Dallas	29	8	12	9	34	38	33
Colorado	28	9	17	2	36	41	29
Chivas USA	26	7	12	7	21	41	28
Portland	27	7	14	6	27	46	27

x — clinched playoff berth.
Note: Three points for a win, one for a tie.
Saturday's result
Seattle 2 Chivas USA 1
Thursday's result
Houston 1 Real Salt Lake 0
Wednesday's game
Chicago at Toronto, 7 p.m. (rescheduled from July 21)
Friday, Sept. 14
Houston at Kansas City, 8:30 p.m.
Colorado at Los Angeles, 11 p.m.
Saturday, Sept. 15
Philadelphia at Toronto, 1 p.m.
Seattle at Portland, 3:30 p.m.
Columbus at New York, 7 p.m.
New England at D.C. United, 7:30 p.m.
Montreal at Chicago, 8:30 p.m.
Vancouver at Dallas, 8:30 p.m.
San Jose at Chivas USA, 10:30 p.m.

FIFA WOMEN'S UNDER-20 WORLD CUP

Saturday's results
At Tokyo
Third Place
Japan 2 Nigeria 1
Championship
U.S. 1 Germany 0

TENNIS

U.S. OPEN

At New York
Sunday's results
Singles
MEN
Semifinals
Novak Djokovic (2), Serbia, def. David Ferrer (4), Spain, 2-6, 6-1, 6-4, 6-2. Women
Championship
Serena Williams (4), United States, def. Victoria Azarenka (1), Belarus, 6-2, 2-6, 7-5.
Doubles
Women
Championship
Sara Errani and Roberta Vinci (2), Italy, def. Andrea Hlavackova and Lucie Hradecka (3), Czech Republic, 6-4, 6-2.
Junior Singles
Boys
Championship
Filip Peliwo (2), Canada, def. Liam Broady (13), Britain, 6-2, 2-6, 7-5. Girls Championship
Samantha Crawford, United States, def. Anett Kontaveit (12), Estonia, 7-5, 6-3.

Horoscopes

♈ Aries
March 21 - April 20
Go easy on yourself this week, especially on the work front where not only are you being ridiculously ambitious but others are expecting you to work yourself into the ground. Your health must always come first.

♉ Taurus
April 21 - May 21
All types of relationships will go well for you now but affairs of the heart will go best of all, so stop worrying that a certain person does not like you as much as you like them – it isn't true.

♊ Gemini
May 22 - June 21
Family matters of all kinds will go better now with both the Sun and Mercury, your ruler, moving through the domestic area of your chart. They will go better still if you forgive those who have let you down.

♋ Cancer
June 22 - July 23
You will need to make allowances over the next few days for those who cannot think or act as fast as you. Stay calm and don't let little things annoy you. Mental, emotional and physical relaxation is a must.

♌ Leo
July 24 - Aug. 23
Make sure you get what you deserve, both emotionally and financially. Others will happily give you less than they should if they think they can get away with it, so you must stand up for yourself.

♍ Virgo
Aug. 24 - Sept. 23
Your life is about to take a turn for the better. Few things will faze you this week and even fewer will have a negative effect on your affairs. Your luck will improve and your attitude will improve even more.

♎ Libra
Sept. 24 - Oct. 23
The more you put other people first now the more you will gain personally – it's one of those proverbial win-win situations. It's always what you do one-to-one that changes the world for the better.

♏ Scorpio
Oct. 24 - Nov. 22
Get out and about today because the more you mix the more likely it is you will meet someone who changes your life for the better. Group activities of all kinds are well starred over the next few days.

♐ Sagittarius
Nov. 23 - Dec. 21
Before you start something new make sure it is what you really want to be doing. All too often you begin new projects in a burst of enthusiasm only to lose interest later. Only do what you are passionate about.

♑ Capricorn
Dec. 22 - Jan. 20
No matter how challenging events may be you will take it in your stride and your calm behavior will inspire those around you, both at home and at work. If only everyone could be as composed as you.

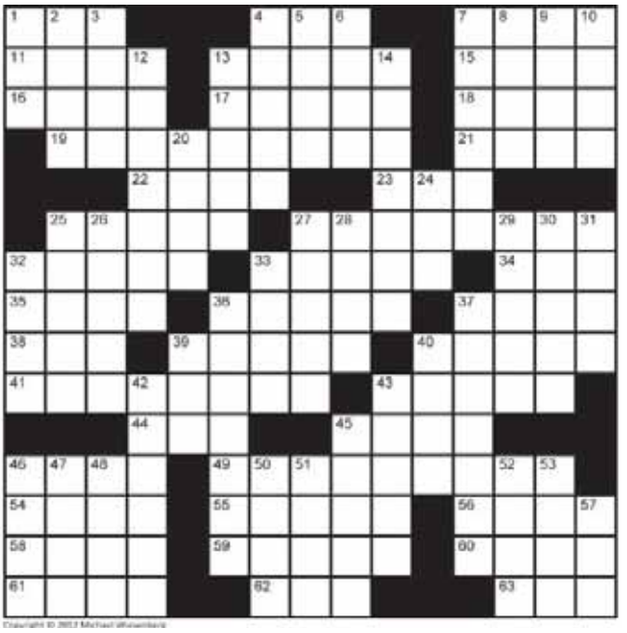
♒ Aquarius
Jan. 21 - Feb. 19
Happiness is a state of mind and at the moment your state of mind is being disrupted by worries about your money situation. The new moon on the 16th will resolve matters in your favor. Until then, relax.

♓ Pisces
Feb. 20 - March 20
Recent suspicions about people you live or work with will be swept away over the next 24 hours and you may be a bit embarrassed by your negative attitude. Never mind – no one got hurt.

SALLY BROMPTON

Crossword: (Mount St. Elias Is the Second-Highest)

BY MICHAEL WIESENBERG



Across
1. "Beg pardon?"
4. Greek X
7. Daily dosages, casually
11. Guitarist Clapton
13. Brag
15. Shrinking inland sea that forms part of the border between Kazakhstan and Uzbekistan
16. Ancient civilization of the Yucatán
17. Unctuous David Copperfield character ___ Heep
18. World's longest river
19. Guy ___: Québec-born Cirque du Soleil founder, billionaire, International Space Station visitor, and high-stakes poker player
21. Accomplishment
22. Top Olympic medal
23. Exist
25. Carpentry smoother
27. Added up
32. Anjou, Bosc, and Bartlett
33. Prince who's third in line for the UK crown
34. Adam's mate
35. "Give it ___!": "Taste this!" (2 wds.)
36. Mountain ___: The Rockies or Cascades
37. Poker player's response to "Do you want a hand?" (2 wds.)
38. Lord of the Rings actress Tyler (Aerosmith's Steven Tyler's daughter)
39. Liberal ___
40. Crouch
41. Annual 12-Down event
43. Absorb facts
44. Approved
45. Apple covering
46. "Mon ___!": French mild oath
49. Toronto CFL team
54. Pastoral poem
55. Mars or Venus
56. Poker player's reply to "How'd you do?" after a successful session (2 wds.)
58. Encounter
59. Christmases
60. Dickens' A ___ of Two Cities
61. Backtalk
62. Classic British sports cars
63. Distribute seeds

Down
1. Bottom seam
2. Russian mountain range or river
3. Breezy greeting
4. Hollowed out, as an apple
5. Ponytail material
6. "The hour ___ hand": (2 wds.)
7. Ontario-born Howie of Deal or No Deal
8. Great Lake
9. Broad lowland
10. Winter conveyance
12. Alberta's largest city
13. BC-born pop singer Michael
14. IMAX ___
20. Accelerator particles
24. Sunbeam
25. Small: Fr.
26. Cocoon spinner
27. Aunt: Fr.
28. Bacchanal
29. Madagascar tree climber
30. Perrier or Aquafina competitor
31. Minor automobile accident result
32. Buddies
33. Difficult
36. Edmonton-born actress ___ Chong (Tommy's daughter) (2 wds.)
37. Nunavut capital
39. Walther ___: Bond's gun
40. "I ___ bad moon rising" (2 wds.)
42. Sheds feathers
43. Gives money (to)
45. Canvasses
46. Darkens
47. Thought
48. "I Only Have ___ for You"
50. Apartment division
51. Allman or Lake of rock
52. "___ the night before Christmas ..."
53. Alone
57. Just put on the market

Friday's Crossword

What's online

See today's answers at metronews.ca/answers.

Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

	7		1		8		4	
	2	1	3		4	9	5	
7			8		5			4
		6	9		2	5		
4			6		7			2
	8	5	2		6	4	1	
	1		7		3		6	

Friday's Sudoku

Today
17°/6°
Partly cloudy
Tuesday
23°/10°
Sunny
Know what the weather will be 14 days from now.
Check the 14 day trend.
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09 Audi A4 Quattro
- CONVERTIBLE, AWD, Loaded, Lthr
- st: 33874
- km: 23268

$32,950

$297** Bi-weekly

08 BMW 328i
- Loaded, A/C, Lthr, Roof, Auto
- st: 33765
- km: 92648

$19,650

$216* Bi-weekly

08 Lexus IS250
- AWD, Loaded, Lthr, Roof, Auto
- st: 29824
- km: 75146

$24,840

$260* Bi-weekly

07 Pontiac G5 SE
- Loaded, A/C
- st: 33310
- km: 60796

$6,950

$76* Bi-weekly

09 Toyota Yaris
- Loaded, A/C
- st: 12287-A
- km: 50295

$9,960

$95** Bi-weekly

08 Suzuki SX4
- Loaded, A/C
- st: 33948
- km: 50342

$8,960

$98* Bi-weekly

08 Lincoln MKZ
- AWD, Loaded, Roof, Lthr
- st: 33632
- km: 98400

$16,750

$184* Bi-weekly

08 Benz B200
- Loaded, A/C, Auto
- st: 34280
- km: 71303

$16,950

$186* Bi-weekly

08 Benz C230 4Matic
- AWD, Loaded, Lthr, Roof, Auto
- st: 34149
- km: 40268

$25,980

$272* Bi-weekly

07 Wave
- Std
- st: 34093
- km: 79214

$5,960

$65* Bi-weekly

07 Spectra LX
- Auto
- st: 33706
- km: 33022

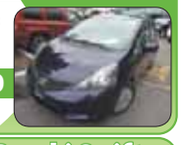
$8,470

$93* Bi-weekly

09 Honda Fit
- Loaded, A/C
- st: 34251
- km: 55429

$11,980

$114* Bi-weekly



08 Volvo XC90
- AWD, Loaded, Roof, Lthr
- st: 33566
- km: 44617

$26,950

$283* Bi-weekly

08 Benz ML350 4Matic
- NAV, Loaded, Lthr, Roof, A/C
- st: 33735
- km: 63039

$29,995

$356* Bi-weekly

11 BMW 323
- AWD, Loaded, Roof, Lthr, Auto
- st: 33997
- km: 39143

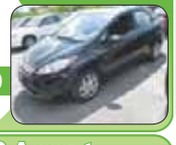
$29,740

$237*** Bi-weekly

11 Ford Fiesta SE
- Loaded, A/C, Auto
- st: 33517
- km: 50713

$13,980

$119*** Bi-weekly



08 Cobalt LS
- Std
- st: 34124
- km: 72981

$6,570

$72* Bi-weekly

07 Suzuki Swift
- Loaded, A/C
- st: 33291
- km: 48697

$7,340

$81* Bi-weekly

08 BMW X3
- AWD, Loaded, Roof, Lthr, Auto
- st: 33285
- km: 51156

$29,650

$311* Bi-weekly

07 Cadillac CTS
- Loaded, A/C, Lthr, Auto
- st: 33383
- km: 64065

$16,930

$186* Bi-weekly

09 Benz E300 4Matic
- NAV, Loaded, Lthr, Roof, A/C
- st: 33686
- km: 46356

$33,840

$305** Bi-weekly

08 Accent GLS
- Loaded, A/C
- st: 12245-A
- km: 109989

$6,380

$70* Bi-weekly

09 Kia Rio LX
- Std
- st: 34055
- km: 88234

$7,970

$76** Bi-weekly

08 Nissan Versa
- Loaded, A/C, Auto
- st: 33909
- km: 97172

$8,940

$98* Bi-weekly

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11 FORD E350 XLT SUPER DUTY
LOADED, A/C • 14223km
st:34214 • **$25,860** • bw:$206***

10 MINI COOPER CLUBMAN
LOADED, LTHR, ROOF • 71969km
st:33620 • **$21,650** • bw:$173***

10 MAZDA 3
STD • 31765km
st:34201 • **$10,970** • bw:$93***

10 TOYOTA MATRIX
LOADED, A/C, AUTO • 55791km
st:33938 • **$14,750** • bw:$126***

07 MAZDA RX-8
LOADED, A/C, LTHR, ROOF • 70819km
st:34219 • **$14,980** • bw:$165**

08 SONATA GLS
LOADED, A/C, AUTO • 84417km
st:34208 • **$9,960** • bw:$109*

11 CAMRY LE
LOADED, A/C, AUTO • 49156km
st:33164 • **$18,550** • bw:$158***

08 SENTRA
STD • 74251km
st:33831 • **$8,970** • bw:$99*

11 SIENNA LE
LOADED, A/C • 50429km
st:34134 • **$25,950** • bw:$207***

08 IMPREZA WRX AWD
LOADED, A/C • 82200km
st:34253 • **$19,820** • bw:$218*

10 CHRYSLER 300
LOADED, A/C • 37776km
st:32861 • **$15,800** • bw:$134***

08 RABBIT
LOADED, A/C • 92582km
st:34270 • **$10,950** • bw:$120*

11 FUSION SEL AWD
LOADED, A/C, LTHR, ROOF • 15190km
st:34153 • **$20,970** • bw:$167***

09 COROLLA CE
LOADED, A/C • 91942km
st:34183 • **$10,670** • bw:$102**

12 FOCUS SEL
LOADED, A/C • 9343km
st:33614 • **$20,890** • bw:$167***

08 SAAB 9-3 2.0T
LOADED, A/C, LTHR, ROOF • 90901km
st:33488 • **$13,980** • bw:$154*

07 TUCSON GLS
LOADED, A/C • 91780km
st:34027 • **$8,970** • bw:$99*

11 HONDA CR-Z HYBRID COUPE
LOADED, A/C, AUTO • 10017km
st:33654-A • **$19,460** • bw:$166***

08 ACCORD EX
LOADED, A/C, ROOF, AUTO • 98887km
st:32255 • **$13,870** • bw:$152*

11 SUZUKI KIZASHI
LOADED, A/C, AUTO • 34328km
st:33619 • **$16,970** • bw:$144***

07 VOLVO S40
LOADED, A/C, AUTO • 77996km
st:34197 • **$14,980** • bw:$165*

08 HONDA CR-V 4WD
LOADED, A/C, AUTO • 95955km
st:33532 • **$14,850** • bw:$163*

10 ESCAPE XLT 4WD
LOADED, A/C, AUTO • 66750km
st:34137 • **$16,860** • bw:$143**

10 FORD RANGER SPORT
A/C, AUTO • 49960km
st:33722 • **$14,900** • bw:$127***

12 ELANTRA
LOADED, A/C • 13753km
st:34096 • **$15,850** • bw:$135**

09 SANTA FE
LOADED, A/C, AUTO • 49282km
st:33258-A • **$16,970** • bw:$162**

08 ROGUE S
LOADED, A/C, AUTO • 99206km
st:33988 • **$12,840** • bw:$141*

08 RONDO LX
LOADED, A/C, AUTO • 55276km
st:34145 • **$9,380** • bw:$103*

11 AVENGER SXT
LOADED, A/C, ROOF, AUTO • 24624km
st:33540 • **$16,850** • bw:$143**

07 MAZDA CX-7 AWD
LOADED, A/C • 97217km
st:34169 • **$12,860** • bw:$141*

08 ODYSSEY LX
LOADED, A/C • 89036km
st:33421 • **$16,750** • bw:$184*

08 MAZDA 5
LOADED, A/C, LTHR, ROOF • 101468km
st:34067 • **$10,980** • bw:$121*

10 SENTRA
LOADED, A/C, AUTO • 60529km
st:32385 • **$11,400** • bw:$97***

11 LANCER SPORTBACK
LOADED, A/C • 20170km
st:34002 • **$16,950** • bw:$144***

09 FORD F-150 XL
LOADED, A/C, AUTO • 96779km
st:34160-A • **$13,780** • bw:$131**

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